New Exposure – A look inside the College of Health Sciences
ENHANCING HEALTH AND QUALITY OF LIFE

The College of Health Sciences prepares a new generation of health care professionals to meet the needs of North Carolina and beyond.
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On the cover
At the heart of Appalachian’s mission to change lives lies the responsibility to raise the quality of life. Photo illustration by Troy Tuttle.

The inaugural class of the BSN pre- licensure nursing program has 20 students, including Ben Merrit and Jen Brown. Here, they practice basic nursing techniques in a state-of-the-art hospital setting in Edwin Duncan Hall.
Realizing our dreams

Each fall semester brings with it a certain excitement – that heightened feeling of newness and opportunity. For me, this fall has been particularly exciting as we realize the dream of adding a College of Health Sciences to our quality academics at Appalachian State University. This semester marked the launch of our newest college, and founding dean Dr. Fred Whitt started strong with 16 degree programs, 115 faculty and staff and 1,600 student majors.

Not since the Walker College of Business formed nearly 40 years ago has Appalachian celebrated a new academic emphasis. The college will meet the state and nation’s need for highly skilled health care workers in areas such as nursing, nutrition, communication disorders and exercise science. The growing industry of health care is revitalizing our state’s economy, and as Appalachian engages in more collaborative research and community outreach in this field – such as in preventing childhood obesity and improving overall immune function – we are boosting the quality of life for individuals and families in our region and beyond. This would not be possible without support from the Appalachian Family, as evidenced by the creation of the Hughlene Bostian Frank Scholarship for students, particularly those in the nursing program. Look for a formal announcement soon about a generous gift from engineering and construction firm Balfour Beatty that will support the entire College of Health Sciences.

I am proud that Appalachian worked with key community partners, including long-time university supporter Appalachian Regional Healthcare, to identify a need and then quickly and effectively implement ways to meet that need. Many people are to be thanked for helping create the new College of Health Sciences. My deep appreciation goes to the N.C. General Assembly, private donors, loyal alumni, and our dedicated community partners and faculty and staff who shared this vision with me. I encourage you to read more about the college beginning on page 16.

There are other accomplishments at Appalachian worth applauding. More than 14,000 students applied for the 2,832 slots in this fall’s freshman class, showing the continued desire for an Appalachian education. Those admitted had an average high school GPA of 3.92 and a predicted GPA (PGPA) at Appalachian of 3.03, which brings us closer to meeting our Strategic Plan’s goal of enrolling a freshman class in which 60 percent have a PGPA of 3.00 or higher.

The percentage of Fall 2009 freshman who returned for Fall 2010 is 87.2 percent, a retention rate slightly higher than last year’s and increasingly closer to the UNC General Administration’s goal of 90 percent for all system universities by 2012-13.

While numbers are important, Appalachian cares about people – that is, providing individual students with a high-quality education that prepares them for success in both life and their chosen career. With the 2010-11 academic year under way, I hope you enjoy this edition of Appalachian Today and its stories of talented and courageous students, faculty and alumni. They are the Appalachian Family.

With Appalachian pride,

Kenneth E. Peacock
Chancellor
Nov. 18

**Nov. 18-20**

**North Carolina Dance Festival**

- Department of Theatre and Dance
- 7:30 p.m., Valborg Theatre

Dec. 1-4

**The Pursuit of Mr. Rockefeller**

- By Jonathan Fitts, Directed by Joel Williams
- Department of Theatre and Dance
- 7:30 p.m., I.G. Greer Studio Theatre

Dec. 3, 2010 - March 19, 2011

**In the Void: Sculpture**

- By David Meyer
- Turchin Center for the Visual Arts

Dec. 12

**Commencement**

- Holmes Convocation Center
- 10 a.m., University College, Education, Arts and Sciences.
- 2 p.m., Health Sciences, Business, Fine and Applied Arts, Music.

Jan. 22, 2011

**LA Theatre Works: The Real Dr. Strangelove: Edward Teller and the Battle for the H-Bomb**

- Performing Arts Series
- 8 p.m., Farthing Auditorium

Feb. 15, 2011

**Balé Folclórico da Bahia**

- Performing Arts Series
- 8 p.m., Farthing Auditorium

March 2-3, 2011

**How to Build A Forest with Visiting Artist PearlDamour**

- Department of Theatre and Dance
- 10 a.m., Valborg Theatre

March 17, 2011

**Gene Cochrane, Duke Endowment**

- Harlan Boyles CEO Lecture Series
- 2 p.m., Farthing Auditorium

March 29, 2011

**David Montgomery, Soils and the Sustainability of Civilizations**

- University Forum
- 8 p.m., Farthing Auditorium

TURCHIN CENTER FOR THE VISUAL ARTS

Celebrating:

- Through December 8:
- *In the Shadow of the Volcanoes: Contemporary Art from the Mountains of Central Mexico*
- Contemporary Works by Martha Neaves

- December 7 - March 19:
- *In the Void: Sculpture by David Meyer*
- *The Hemlocks! The Hemlocks! Grief and Celebration by Lowell Hayes*

**Laurel Fork Arts Series**

- Appalachian State University
- Performing Arts Series
- 828.262.4046 or 800.841.ARTS

- www.pas.appstate.edu

- Find us on Facebook and Twitter

- www.tcva.org
- 828.262.3017
- 423 West King St., Boone, NC

- We are updating our mailing list!

**Turchin Center for the Visual Arts**

- www.tcva.org
- 828.262.3017
- 423 West King St., Boone, NC

- We are updating our mailing list!
2010 Rhododendron Society Inductees

In April 2009, three Reich College of Education alumni who have made exemplary contributions to the field of education were inducted into the Rhododendron Society, the highest honor given by the college.

Mary Etta Moretz ’64 ’66, a native and lifelong resident of Watauga County, has served both as educator and community leader in the High Country. During her 37-year tenure at Watauga High School, she taught English and social studies, sponsored numerous award-winning clubs, was director of the Extended Day School and founder and director of Pioneer Academy. Her community work includes serving as president of the Boone Business and Professional Women’s Club, president of the Alpha Gamma chapter of Delta Kappa Gamma and co-chair of Mountain People for Clean Mountain Air. During her retirement, she has continued to serve her community through a variety of organizations. As a county commissioner, her leadership helped assure the future of Watauga County’s new high school, which opened its doors to students this fall.

H.G. Jones ’49 of Pittsboro has served North Carolina as a research historian, archivist, administrator and teacher. He has also been highly awarded, served with numerous professional associations, contributed to the preservation of North Carolina history and is a published author. Between 1956 and 1974, he worked as the state archivist and director of the Department of Archives and History. From 1974 to 1994, he was the director of the North Carolina Collection and adjunct professor of history at the University of North Carolina at Chapel Hill. Since 1994, Jones has been the Thomas Whitmell Davis research historian there. This year, McFarland & Company Inc., will publish his memoir, “The Sonarman’s War: Chasing Submarines and Sweeping Mines in World War II.”

John B. Rogers ’69 ’80 ’84 of Statesville, served with the Rowan-Salisbury County School System from 1969 to 2004. He worked at the middle school level teaching language arts, social studies, science, reading and academically gifted classes. He was department chair of social studies and language arts, school chair of the Curriculum and Instruction Committee, chair for the system-wide Language Arts Committee, chair for middle schools and co-chair for the system-wide Academically Gifted Program Plan for middle and high schools. He was named Teacher of the Year for two years at West Rowan Middle School. Rogers is currently on Appalachian’s Alumni Council, a member of the Mountaineer Volunteer Program, and he continues to support the Yosef Club, McKinney Alumni Center, Reich College of Education and the Marching Band.

Students shine a sustainable spotlight on Appalachian with entry into 2011 Solar Decathlon

Appalachian is one of 20 teams selected to compete in the U.S. Department of Energy Solar Decathlon 2011, which will take place on the National Mall in Washington, D.C., next fall.

A total of 45 teams submitted proposals for the competition. Of those selected, Appalachian is the only university from North Carolina.

The international competition challenges students to design a house powered completely by sunlight, build it, test it, and then transport it to the National Mall. The students then rebuild the house within a week and put it through a series of 10 contests that evaluate the house’s aesthetics and market viability, and measure its performance.

Appalachian will face teams from Belgium, New Zealand, Canada, China and other universities from the United States.

Each team selected to participate receives a $100,000 grant from the Department of Energy. Faculty advisor Dr. James Russell said the funds will help support graduate and undergraduate students who will work on the project — from those involved in design and construction to those assisting with marketing and communications. Support from the private sector will play a crucial role in the success of Appalachian’s team.

The Solar Decathlon Team has already constructed full-scale details of some of the building’s components and worked on fund-raising and public relations materials. This fall, students will continue designing the house and start building and testing solar collection systems. Construction of the actual competition building will begin in January 2011.

“It’s been a lot of work to get to this point. It’s an exciting process to have the freedom to create an innovative net-zero energy design,” Russell said. “It will be a great experience for students and others who are involved in the competition.”

Learn more at today.appstate.edu/ap-solar-decathlon

One of 284 colleges included in the 2011 College Access & Opportunity Guide produced by the Center for Student Opportunity. The guidebook is designed to help low-income, first-generation college-bound students make their college dreams a reality. The guide features colleges and universities highlighted for their outreach efforts, financial aid opportunities and student support services, articles and advice from college students and other experts, and information for parents and mentors.
No. 3 among the top public master-degree granting universities in the South in U.S. News and World Report’s 2011 America’s Best Colleges Guide. Appalachian is ranked ninth in the South among public and private four-year institutions. The university has placed among the top 15 public and private southern universities since the rankings first appeared in 1986.

Frank Hall receives LEED® gold certification

Frank Hall, a 203-bed residence hall that was renovated during the 2008-09 academic year, is the university’s first building to receive LEED® gold certification — the second highest awarded by the U.S. Green Building Council and verified by the Green Building Certification Institute.

The building’s green and energy saving features include:

- a 41-panel solar array that preheats water for use by the building’s occupants
- low-flow shower and sink fixtures
- water-source heat pumps in each room
- energy-efficient electric hand dryers
- dual-flush toilet valves that save up to half a gallon of water per flush
- energy-efficient T-8 and T-5 florescent lighting utilizing motion sensors in public areas
- energy-efficient windows
- non-PVC resilient floor tile
- recycled/reused lobby furniture

Frank Hall is also home to the university’s popular Living Green residential learning community, which has 34 freshmen this year. They are required to take the First Year Seminar course titled “Contemporary Green Living: Life Choices for Sustainability” that has inspired additional lifestyle changes, such as adding a composting area to the building. Other building-side student initiatives include Frank-n-Crafts, where the students make and sell crafts made from reused items, such as reusable grocery bags crocheted from plastic grocery bags and a petition to the on-campus deli McAlister’s to use smaller “to go” bags and containers.

Want more news?

www.today.appstate.edu

Mary Etta Moretz of Boone, H.G. Jones of Pittsboro and John B. Rogers of Statesville were honored for their exemplary service to education and community in April, during the Rhododendron Society induction breakfast.

DR. JAMES ALLEN ANDERSON, Hayes School of Music, and the Appalachian Symphony Orchestra were finalists for the American Prize competition in two categories for music recorded in Rosen Concert Hall: orchestra performance and conducting. The American Prize recognizes and rewards the very best in the performing arts in the United States.

DR. TIMOTHY FORSYTH, chair of the Department of Accounting, has been selected as a Fellow by the Association of Information Technology Professionals Education Special Interest Group (AITP-EDSIG).

DR. MARVIN HOFFMAN, Department of Government and Justice Studies, received the International City/County Management Association’s (ICMA) 2010 Academic Award in Memory of Stephen B. Sweeney for significant contributions to the formal education of students pursuing careers in local government.

DR. SUSAN W. MILLS, Hayes School of Music, received a Fulbright Scholar Grant to lecture and conduct research at The University of Zululand and The University of the Free State in South Africa for six months during the 2010-11 academic year. She will study the role of traditional South African songs in a project called “Freedom Song: Post-Apartheid Expression in South African Choral Music.”

AUGUSTO PEÑA, Office of Multicultural Student Development, was appointed by N.C. Gov. Bev Perdue to the Governor’s Advisory Council on Hispanic/Latino Affairs.

DR. GWEN ROBBINS, Department of Anthropology, received a Fulbright Faculty Research Fellowship to conduct research in India during the 2010-11 academic year. She will examine skeletal material from two archaeological sites (Harappa and Kalibangan) from the Indus Civilization.

DR. PAM SCHRAM, Department of Curriculum and Instruction, received a UNC Board of Governors Award for Excellence in Teaching.

DR. N. TRAVIS TRIPLETT, Department of Health, Leisure and Exercise Science, received the 2010 William J. Kraemer Outstanding Sport Scientist Award from the National Strength and Conditioning Association.
RECORD CROWD FOR HOMECOMING:
A school record crowd of 31,531 attended Appalachian’s Homecoming win over Elon on Oct. 9. Quarterback DeAndre Presley accounted for 374 yards of total offense and three touchdowns in the 34-31 victory, which marked the Mountaineers’ 15th-straight win over the Phoenix.

Photo by Frederica Georgia
Academic camps attract best and brightest to Appalachian

Learning doesn’t stop in the summer, especially for youth. Appalachian hosts many summer camps and workshops, and two of its most prestigious programs bring the best and brightest students to Appalachian every summer.

This past year marked the seventh Martha Guy Summer Institute for Future Business Leaders in the Walker College of Business and the 42nd Cannon Music Camp in the Hayes School of Music.

Most years, approximately 50 percent of Martha Guy Summer Institute participants make Appalachian their college choice. Once on campus, they quickly evolve into campus leaders, with one having been elected president of the Student Government Association and three others recently selected to be Appalachian Student Ambassadors.

At least 10 percent of music majors at Appalachian participated in Cannon Music Camp. Justin Hartsell, a senior music education major from Locust, is among those now enrolled in the Hayes School of Music.

Hartsell attended Cannon Music Camp in the summer of 2005. He said that the camp experience is what sold him on attending Appalachian, where he has received the Bill McCloud Merit Scholarship for outstanding academic achievement.

Hartsell has been a counselor for Cannon Music Camp for the past three summers. He also has been a leader in Appalachian’s chapter of the Music Educators National Conference, including its president during 2008-09.

“It was everything I expected and more after Cannon,” Hartsell said of his academic experience at Appalachian.

Learn more at www.cannon.appstate.edu and www.business.appstate.edu/marthaguuy. For a full list of summer camps at Appalachian, visit community.appstate.edu/workshops-classes-camps.
When the late **George M. Holmes ’54** enrolled as a student at Appalachian State Teachers College in 1950, few knew the path he would forge to improve the lives of thousands of residents in northwest North Carolina as well as students at his alma mater.

Holmes, who died in December 2009 at age 80, attended Appalachian on a football scholarship from 1950-54. He taught and coached three sports at West Yadkin High School for two years before working in the insurance business, becoming president of W.N. Ireland Insurance Agency and later president of Holmes and Associates real estate firm.

In addition to his business career, Holmes served in the N.C. House of Representatives for 32 years. As a legislator, he co-chaired the powerful House Appropriations Committee and served on the Governor’s Advisory Budget Commission under two governors, in addition to other committees, including Election Law and Campaign Finance Reform, Financial Institutions, Judiciary, Public Utilities and Appropriations.

“George Holmes was a statesman, a leader, a gentleman, a Duggins Boy and a true friend for Appalachian,” said Chancellor Kenneth E. Peacock. “Well respected on both sides of the aisle in Raleigh, he was proud of his university and spoke up for Appalachian every chance he had. We miss him, but he will be remembered forever for his unwavering support of the Black and Gold.”

Duggins Boy refers to student-athletes who played for Coach E.C. Duggins in the late 1940s and early 1950s.

Holmes received the Distinguished Alumnus Award from Appalachian in 1995.

The university named the George M. Holmes Convocation Center in his honor in 1998 in recognition of Holmes’ advocacy for the university, including his support of state funding for Appalachian and higher education and enabling Appalachian to maintain its Ed.D. in educational leadership when some across the state wanted to drop the program. Holmes was considered the catalyst for obtaining funds to build the convocation center, which celebrates its 10th anniversary this year.

Following Holmes’ death, the N.C. House of Representatives passed a resolution honoring him and his accomplishments.

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**Holmes Convocation Center Highlight Dates**

1989 – Concept devised for a multi-purpose arena to serve academics, athletics and cultural events

1994 – N.C. General Assembly appropriates $9.75 million for the project

1995 and 1997 – N.C. General Assembly appropriates additional $36.8 million for the project

Dec. 5, 1997 – Groundbreaking ceremony held for the convocation center. Building plans include academic space for the Department of Health, Leisure and Exercise Science, and multipurpose arena for academic and sporting events, concerts, exhibits, tradeshows and other activities of regional interest.

March 1998 – Convocation center named for George M. Holmes

Sept. 6, 2000 – Ribbon cutting ceremony for the George M. Holmes Convocation Center

Nov. 17, 2000 – First event, men’s basketball vs. UNC Tarheels

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In its first 10 years, the Holmes Convocation Center has hosted:

- Appalachian’s Convocation and graduation activities
- Watauga High School graduations
- High Country Home Show
- Appalachian Staff Appreciation events
- Concerts by Nickel Creek, Edwin McCain, Dave Matthews, Black Eyed Peas, Emmylou Harris, Willie Nelson, Charlie Daniels and others
- Basketball and volleyball events
- Performances by the Lipizzaner Stallions, Sterling and Reid Brothers Circus, Harlem Globetrotters
- High Country Youth Fest, Cheap Joe’s Art Expo, Boone/Blowing Rock Antique Show, Rotary Career Day
Other administrative notes

Dr. Mike Mayfield has been named interim vice provost for undergraduate education. He replaces Dave Haney, who became provost at Black Hills State University in South Dakota. Mayfield had been faculty coordinator of the General Education Program since 2007. He has been a member of the Department of Geography and Planning faculty at Appalachian since 1988 and chaired the department from 1998-2002.

J.J. Brown, former associate dean of students at the University of Tennessee, is the new associate vice chancellor and dean of students at Appalachian. He replaces Susie Greene, who retired in June after more than 30 years at Appalachian. He provides leadership for the Office of the Dean of Students as well as Parent and Family Services, Off-Campus and Community Relations, Student Conduct and Student Legal Services.

Lloyd M. Scott joined Appalachian in August as the new director of admissions. He comes from the University of Idaho, where he worked in a number of admissions roles since 1996, most recently as director for new student services and senior associate director for undergraduate recruitment.

Dr. Tandrea Carter has been named director of Counseling for Faculty and Staff in Appalachian’s Institute for Health and Human Services. She had been an adjunct faculty member in the Department of Psychology and prior to moving to Boone was a clinical psychologist at Atlanta Veteran Affairs Medical Center.

John T. Earwood joined the Office of the Chancellor last spring as chief of staff. In this role, Earwood is a senior advisor to the chancellor. Prior to joining Appalachian in 2009 as assistant general counsel, Earwood was an attorney with the law firm of Hunton & Williams LLP, practicing in their Raleigh and Washington, D.C. offices.

Dr. Susan McCracken was named director of external affairs and community relations for the Office of the Chancellor last spring. She is responsible for fostering relationships with local, county, state and federal elected officials. Previously, she was director of sponsored programs in Appalachian’s Office of Research and Sponsored Programs.

Appalachian awards honorary degrees to longtime friends at May commencement

Two longtime friends of Appalachian State University received honorary degrees during graduation in May.

Irwin “Ike” Belk of Charlotte received an honorary Doctor of Humane Letters degree during the Reich College of Education’s commencement ceremonies. Former Lowe’s executive Petro “Pete” Kulynych of Wilkesboro received an honorary Doctor of Letters degree during ceremonies for the Walker College of Business.

The honorary degrees honor Belk’s and Kulynych’s lifetime of public service and contributions to the state, nation and the university.

A successful businessman, Belk is a member of the family that established Belk department store chain. He also served in the N.C. House of Representatives and the N.C. Senate.

Belk is one of the university’s dedicated and generous benefactors. His family name adorns Belk Residence Hall as well as the Carol Grotnes Belk Library and Information Commons, named in honor of his wife. Belk also has gifted many outdoor sculptures on campus including the bronze Mountaineer statue located at the entrance to Stadium Drive.

He also established the Carol Grotnes Belk Distinguished Professorship for Library and Informational Studies, the first professorship for a library within the UNC system; the Anne Belk Distinguished Professorship, which provides funds that support the research and community outreach of the W.L. Eury Appalachian Collection Librarian; support of the Daniel B. German Distinguished Professorship in Political Science, an athletics enhancement campaign gift for Ike Belk Track in Kidd Brewer Stadium, and the new facility that will house the Reich College of Education.

Kulynych also has made a lasting impact on Appalachian’s quality of education and athletics programs, as well as the cultural landscape of the region through his contributions of leadership, service and financial support.

The son of immigrants, he is a role model in the business community, exemplifying the benefits of hard work and determination. He began his career as a bookkeeper in a hardware store in North Wilkesboro. The hardware store grew into the national chain known as Lowe’s Company Inc. Kulynych had a 57-year career with the company in various executive positions. After retiring in 1983, he remained with the company as president and chairman of Lowe’s Charitable and Educational Foundation, guiding the company’s philanthropic philosophy and activities, which benefitted many state educational institutions and charitable organizations.

Kulynych’s gifts have provided scholarships to student-athletes and helped finance construction of new athletics facilities to benefit student-athletes in a variety of varsity programs.

His gifts to the College of Arts and Sciences established the Kulynych/Cline Distinguished Visiting Professorship in the Wiley F. Smith Department of Psychology. He and his family foundation also have supported the Wilkes Friends of the Library, Wilkes Regional Medical Center Auxiliary, county fire departments and rescue squads.
Appalachian Athletics announces football feasibility study

The athletics department will conduct a feasibility study to evaluate its football program’s position in NCAA Division I, according to Athletics Director Charlie Cobb.

The goal of the study is to evaluate Appalachian’s options with regards to the changing Division I landscape. Appalachian currently competes as a member of the Southern Conference in the NCAA Division I Football Championship Subdivision (FCS — formerly known as Division I-AA).

Appalachian’s Board of Trustees approved the feasibility study in October. Appalachian athletics has selected the National Association of Collegiate Directors of Athletics (NACDA) to conduct the independent study and a private donation will cover its cost. Completion of the study and an internal analysis of its findings will likely take nine to 12 months.

"With the changing Division I landscape and the unprecedented success that our football program has enjoyed on and off the field in recent years, the time is right to analyze all of our options as a Division I athletics department and football program,” Cobb said. "This study is a broad, campus-wide analysis to identify what our options are as a university, athletics department and football program going forward. It does not take away one bit of focus from our football program’s goal of winning a sixth-straight Southern Conference championship and competing for a fourth national title in six years.”

New Coaches for the Mountaineers

Appalachian athletics welcomes a trio of new head coaches for 2010. Sarah Strickland takes over for the women’s soccer program, Jason Capel begins his first season at the helm of the men’s basketball team and Shae Wesley begins her tenure heading the softball program.

Strickland, a 1998 graduate of George Mason, comes to Appalachian from Mississippi State where she was an assistant coach. Prior to her stint with that program she was a respected club coach and administrator at Alabama.

A 2002 graduate of UNC-Chapel Hill, where he helped lead the Tarheels to a Final Four performance in 2000, Capel is one of the youngest Division I head men’s basketball coaches in the country. He was an assistant coach at Appalachian last season following stints in the professional playing ranks and as a sports broadcaster with ESPN.

Wesley, a 2002 graduate of Illinois State, led Heartland Community College in Normal, Ill., to a national championship in the program’s second year of existence. After compiling an 82-19 record (.812) in two seasons at the helm, Wesley stepped down after winning the 2009 national crown to focus solely on her position as young athletes coordinator for the Illinois Special Olympics. In that role, she coordinated and facilitated training for more than 2,500 young athletes across central and southern Illinois.

Vote for Coach Moore!

The Liberty Mutual Coach of the Year is awarded to the college football coach who best demonstrates sportsmanship, integrity, responsibility and excellence on and off the field. Vote for Coach Moore for the 2010 Liberty Mutual Coach of the Year at www.coachoftheyear.com.

Appalachian is also eligible for the Rally Award, a $10,000 prize for a school with the highest number of participating alumni.

athlete profile

Donald Sims

Senior guard Donald Sims is set to break Appalachian’s all-time scoring record during the 2010-11 season. The record of 1,794 points is currently held by Don King, who played in 100 games for the Black and Gold from 1958-61. Sims enters the season with 1,533 points, 261 shy of the mark.

A health promotion major and 2009 Southern Conference Player of the Year, Sims is only the ninth player in school history to score more than 1,500 points. He led the nation in free throw percentage (.951) and made three-point baskets (123) during the 2009-10 season.

Sarah Strickland  Jason Capel  Shae Wesley
Students and faculty thrive at research campus

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Kennerly is pursuing a master's degree in biology with a concentration in molecular and cell biology. She received a Kannapolis Scholar Fellowship to conduct research at the North Carolina Research Campus (NCRC), located in Kannapolis. Kennerly hopes for a career in biomedical research or medicine. She believes her experience at the NCRC will open doors for her. “Part of a scientist’s expertise comes with knowing how to operate equipment and analyze data relevant to their field,” she said. “Having access to all the high-tech equipment and learning from accomplished scientists at the campus has expanded my knowledge of the field of immunology,” she said. “I look forward to continuing my research there next summer.”

Kennerly is one of six students in the UNC system to be awarded the fellowship, funded through the U.S. Department of Agriculture’s Agriculture and Food Research Initiative. The fellowship provides a stipend for her to work two summers at the NCRC, including tuition and a housing allowance. She and the other Kannapolis scholars will train in the NCRC’s state-of-the-art facilities in the fields of chemistry, molecular biology, genomics and physiology.

“We are very excited for one of our students to have such an expansive experience,” said Dr. Dru Henson, Kennerly’s advisor in the Department of Biology and the associate dean in the College of Arts and Sciences. “The interdisciplinary approach and collaborative spirit at the NCRC will be extremely valuable to Krista’s education,” she said. “It will also help take our research program to a level that we would likely not be able to attain otherwise.”

While at the NCRC, Kennerly will be supervised by Henson and Dr. David Nieman, director of Appalachian’s Human Performance Lab there. Kennerly’s research supports the lab’s work on quercetin, a plant-based substance combined with other plant molecules to reduce inflammation in humans.

“Krista’s fellowship is a very big deal,” said Nieman. “Her work conducting cell culture invitro studies with quercetin is at the core of everything we’re doing to come up with an optimal formulation to control inflammation associated with heavy exercising and obesity,” Nieman said.

“Having students like Krista and Appalachian faculty working at the campus enables them to raise their research to the highest level,” said Nieman. “It’s a pioneering effort. North Carolina has never done anything like this. It’s what David Murdock’s mission for the campus is all about.”

A pioneering effort

David H. Murdock is the visionary behind the North Carolina Research Campus. He is the owner of Castle & Cooke Inc., and the chairman and majority owner of Dole Food Company Inc., a Fortune 500 company.

In 2005, Murdock dedicated more than $1.5 billion of his personal funds to develop a world-class research center focused on innovation and advancements in the areas of nutrition, health and biotechnology research.

“It excites me to think of the groundbreaking research that will occur as a result of having world-class universities and companies here working together in one place,” Murdock said in 2005, when plans for the campus were unveiled.

“The creation of this scientific community will allow a transformation of the area’s economy from a manufacturing base to one

continued on next page

Junior Meghan Kusper and sophomore Grant Canipe, undergraduate honors students majoring in biology, gain unparalleled experience with advanced equipment and the expertise of researchers from a variety of academic disciplines.
Having students like Krista and Appalachian faculty working at the campus enables them to raise their research to the highest level.

— Dr. David Nieman, director of Appalachian’s research lab at NCRC

Students and faculty thrive at research campus

Centered on scientific knowledge and research, providing better-paying jobs for the people of Kannapolis and the region,” he said.

Today, the 350-acre research campus is a reality: a massive scientific and economic revitalization project encompassing the former Cannon Mills plant and the entire downtown of Kannapolis. Plans are for it to eventually house more than a million square feet of state-of-the-art lab and office space, and to be home to more than 100 life science firms.

Some of the world’s largest companies, such as General Mills, LabCorp, Monsanto and Dole Food Company Inc., have become residents on the campus. They are currently collaborating with scientists and researchers there who represent many of North Carolina’s top universities.

Appalachian is one of eight North Carolina universities with a physical presence at the NCRC. The others are UNC-Chapel Hill, UNC Greensboro, UNC Charlotte, N.C. State, N.C. A&T, N.C. Central and Duke.

“We’ve made terrific progress over the past five years,” said Clyde Higgs, vice president for business development at NCRC.

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First-tier partner at NCRC

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According to Higgs, when Murdock learned about Appalachian’s research in human performance and exercise science — and specifically about Nieman’s lab on Appalachian’s campus — he believed it was a critical missing piece of his vision for NCRC. Murdock met personally with Appalachian officials that spring to discuss a partnership, and brought the university on board as a first-tier partner.

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A natural occurring antioxidant found in plants such as red grapes, red apples and broccoli, quercetin has shown promise for a wide range of health benefits.

The lab’s primary mission is to identify combinations of quercetin and other plant molecules that help maintain healthy immune functioning and diminish inflammation in athletes and people who are obese.

“That’s our goal, and we are very much on track to making that happen,” said Nieman.

“Right now we’re finalizing contracts with McCormick & Company Inc., Dole Food Company Inc., and Quercegen Pharma LLC for $700,000 in grants,” he said.

“That’s happening in part because of the Human Performance Lab’s reputation. But the reality is if we weren’t at the NCRC we simply would not be operating at this level,” he said.

Knab, who teaches in Appalachian’s Department of Health, Leisure and Exercise Science, says her experience at NCRC is centered on scientific knowledge and research, providing better-paying jobs for the people of Kannapolis and the region,” he said.

Today, the 350-acre research campus is a reality: a massive scientific and economic revitalization project encompassing the former Cannon Mills plant and the entire downtown of Kannapolis. Plans are for it to eventually house more than a million square feet of state-of-the-art lab and office space, and to be home to more than 100 life science firms.

Some of the world’s largest companies, such as General Mills, LabCorp, Monsanto and Dole Food Company Inc., have become residents on the campus. They are currently collaborating with scientists and researchers there who represent many of North Carolina’s top universities.

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Faculty study mapping technology used in Gulf Coast oil spill

The use of mapping technology in response to the recent Gulf Coast oil spill became part of Dr. Chris Badurek’s classroom discussion this fall. He visited the Louisiana coast on a research study in June with an Appalachian colleague to study state, federal and private industries’ use of these technologies in the response to the oil spill.

“This is a real world example of complex data needs and demands and how GIS and satellite imagery can be integrated in a way that can be used for an explicit purpose,” said Badurek, an assistant professor in the Department of Geography and Planning. “Oftentimes remote sensing and GIS are used separately by different experts. In this case, the systems were being used very tightly in unison and relying upon each other to have good quality data.”

Badurek traveled with Dr. John Pine, director of Appalachian’s Research Institute for Environment, Energy and Economics and a professor in the Department of Geography and Planning. Their trip was funded by a grant from the Natural Hazards Center of the University of Colorado and the National Science Foundation.

Mapping technology has long played a role in disaster recovery, but not until the Gulf oil spill were scientists able to study the long-term use of GIS (geographic information systems) and remote sensing technologies to track a disaster.

The trip allowed Pine and Badurek to determine the nature and extent of the use of GIS and remote sensing in the response, both in the operations and in policy decisions including where to deploy resources.

Students’ fossil excavation sheds new light on Typothorax

A recent issue of the Journal of Vertebrate Paleontology revealed details of a reptile-like dinosaur called Typothorax, whose nearly complete fossilized skeleton was excavated with help from Appalachian geology students in 2006.

The lead author of the 2010 article was Dr. Andy Heckert in Appalachian’s Department of Geology. He was a new professor at Appalachian when he led a student trip to work with volunteers at the New Mexico Museum of Natural History and Science.

The students excavated and retrieved a 700-pound block of material containing the articulated partial skeleton of Typothorax that was discovered in 2005 but not excavated. The specimen was one of the best fossils of Typothorax ever recovered, Heckert said at the time.

Since then, the fossil has been helping scientists fill in the gaps about the ancient reptile, including what it really looked like, how large it was, how it walked and myriad other questions. Heckert regards the Typothorax as an “animal designed by a committee combining a crocodile with a cow and armadillo.”

“We now know that some previously established ideas about these animals were mistaken,” Heckert said. “For the first time we can get a realistic estimate of the size of these animals, and at less than seven feet and about 225 pounds they are not as large as previously thought.”

The specimens are now on display at the New Mexico Museum of Natural History and Science.

“The important contribution of amateurs to our science cannot be underestimated,” museum curator Dr. Spencer Lucas said of the work of the Appalachian students. “As the Badlands erode, we look forward to many more exciting new finds that will contribute to our understanding of the world at this important time in its history.”
Enhancing health and quality of life
Appalachian’s newly established College of Health Sciences opened this fall to a swell of support both on and off campus.

“Our numbers were overflowing in orientation groups this summer, and now that classes have started the momentum continues to build,” said Dr. Frederick “Fred” K. Whitt ’75 ’76, the college’s founding dean.

“We started the semester with approximately 1,600 majors in the college’s 16 programs — that’s over 10 percent of Appalachian’s student body,” he said.

In addition to attracting students into its ranks, the college is anticipated to function as an engine for bringing economic and health care benefits to the region.

Approximately 14 percent of the citizens of North Carolina work in the health and human services professions, according to the 2008 North Carolina Hospital Association Workforce Report.

“That is over 500,000 individuals and growing,” said Whitt. “More jobs have been created in the state’s health and human services industries over the past 10-12 years than were lost in its
Enhancing health and quality of life

manufacturing sector."

“As these are the areas our college will prepare students to work in, there’s no doubt what we’re doing will be an economic stimulus to the state,” he said.

A home for health-related programming

The College of Health Sciences (CHS) was approved by the University of North Carolina Board of Governors in the fall of 2008.

CHS is a nucleus of six health-related academic units, once housed in four colleges, that are now restructured into five departments: Communications Sciences and Disorders Program; Department of Health, Leisure and Exercise Science; Healthcare Management Program; Department of Nursing; Nutrition and Foodsystems Management Program; and Department of Social Work.

“While all these programs have been doing well, having a home that focuses on their mission and elevates their status to the department level will create a solid infrastructure for future growth and development,” said Whitt.

“Our goal is to become a first-choice college in the state for students who are looking for health sciences programming, whether in nursing, nutrition, social work or pre-med,” he said.

Establishing the college as a nationally recognized unit for the education and preparation of skilled health care professionals is Whitt’s primary task. This includes creating a collaborative environment.

“Working in teams is what health care is all about, so we are working to create a culture of collaboration between CHS faculty, students and the college’s programs,” said Whitt.

Recruiting top faculty is a high priority for Whitt. This part of the job has been easy because people want to be here, he says. They are attracted to the area and recognize Appalachian as a highly reputable institution.

“It’s usually difficult to find nursing faculty with terminal degrees, but we had 10 applicants for one position last year. That’s a good sign,” he said.

According to Dr. Susan Roggenkamp ’77, associate dean of the College of Health Sciences, partnerships between CHS programs will strengthen education and scholarly experiences for both faculty and students.

“For years, Appalachian has been an innovator in integrating business and management education with health care,” said Roggenkamp, formerly the director of the health care management program in the Walker College of Business.

“Moving all these programs into the College of Health Sciences allows us to continue building on this foundation, and to offer students a broader curriculum of courses and academic experiences,” she said.

Serving Appalachian’s constituents

In addition to providing programming that interests Appalachian’s students, the CHS engages in public-private partnerships that will benefit students as well as people in the region.

“As our national population ages, there will be a great need to increase the number of professionals in all health care occupations,” said Whitt.

“We’re positioning ourselves to add programs during future expansion that are in high demand, such as a Master of Public Health, physical and occupational therapy and a Doctor of Nursing Practice,” he said.

Data from the Office of Admissions indicates that students at Appalachian are particularly interested in nursing, exercise science, health care management, speech pathology and other majors in the CHS because they know there are jobs in these fields.

For the 2010-11 school year, about 400 students applied for 40 slots in the graduate program in speech pathology, and more than 1,000 students are enrolled in the Department of Health, Leisure and Exercise Science.

“National statistics show that over the next few years there will be a shortage of about 600,000 nurses. This is very significant for that profession,” said Whitt. “Since our four-year nursing degree was approved last January, the phone has been ringing off the hook.”

Whitt and other Appalachian administrators are partnering with local and regional organizations to provide students with relevant experience in clinical and lab settings, establishing health care as an economic driver for the region.

A critical partner in this effort is the Appalachian Regional Healthcare System.

“I applaud Appalachian for recognizing and responding to the increased need for health care practitioners in the area,” said Richard Sparks ’76’78, CEO of the Appalachian Regional Health Care System.

“This initiative is an important step in leveraging existing assets to improve the quality of life for our citizens,” he said. “As a health care administrator and an Appalachian alumnus, I couldn’t be more excited or proud to be a part of this effort.”

In addition to providing CHS students access to its facilities for their clinical training, ARHS is providing land for the college’s
Athletic training is a popular major within the college’s Department of Health, Leisure and Exercise Science.

“Our goal is to become a first-choice college in the state for students who are looking for health sciences programming, whether in nursing, nutrition, social work or pre-med.”

— Dr. Fred Whitt, Dean of the College of Health Sciences
Learning and Sharing what makes us unique

Appalachian’s Diversity Celebration (above) began modestly in 2001 as the vision of Amy Hathcock (shown left with friends in Durham Park). Nearly a decade later, the event has become one of the university’s most popular springtime events, filling the Plemmons Student Union with live music, interactive events and engaging activities, and drawing attendees from campus, the greater community and beyond.

“I realized that through the act of helping even one person all people are served.”

– Amy Hathcock

Appalachian Today Fall 2010
By Kate Cahow

Amy Hathcock ’01 does not like to be told “no”. If there’s something she wants to do, you can be sure she’ll figure out a way to do it.

Thanks to her strong will and determination to achieve the goals she sets for herself, Appalachian hosts an annual festival that supports and nurtures a spirit of diversity.

Next spring, the Diversity Celebration turns 10 years old. The event will take place April 6, 2011, in Plemmons Student Union.

Facing the unknown

When Hathcock was looking at universities to attend for her master’s degree, she set her sights on Appalachian’s Department of Human Development and Psychological Counseling (HPC). She felt HPC’s program in college student development fit perfectly with her goal to work with college students.

“I knew Boone and the university would be a significant challenge for me, but that was where I wanted to be. I like to do things that make me a little nervous, like water skiing and riding roller coasters,” said Hathcock, now an academic advisor in the University College at UNC Wilmington, and coordinator of the college’s Global Perspectives Initiative.

Though a move to the Boone area made her more than a little nervous, she decided to follow her heart. “I would figure it out when I got there,” she told herself.

The challenge Boone and the university posed to Hathcock was what she refers to as the “unknown” of the mountain environment. At the age of 13 she was paralyzed in a car accident. Since then she has used a wheelchair to get around.

When she arrived at Appalachian in 1999, the campus was not particularly wheelchair friendly. But true to her nature, Hathcock learned the layout of the university’s buildings and streets, figured out where to park, mapped the best routes to her classes and settled in to her newfound home.

“When you use a wheelchair, everywhere you go is inaccessible to some degree,” she said. “But because I felt so comfortable at Appalachian, being there opened up all kinds of opportunities for me.”

Those opportunities included working as a graduate assistant in HPC’s college student development program and the Office of Equity, Diversity and Compliance (EDC). She also completed an internship with the Office of Disability Services and a practicum at Caldwell Community College in Lenoir.

Becoming an agent of change

While working as a graduate assistant with the EDC, Hathcock built the confidence to advocate for diverse populations.

“Amy had a tremendous impact on accessibility issues while she was here,” said Susan King, EDC’s director of diversity education and outreach. “The Diversity Celebration was her brainchild. It took us a while to understand what she wanted to do. We discovered she was passionate about it and that she meant business.”

Hathcock’s idea was to focus on bringing together people of diverse cultures and differences for the purpose of learning and sharing what makes them unique.

“My main goal was to get everyone in one room so that whoever showed up would be the measure of diversity,” she said. “I also wanted it to be fun, because when people are excited and having fun, learning happens effortlessly.”

Ten years of celebrating diversity

The spring 2011 celebration will mark the 10th year anniversary of Hathcock’s diversity handiwork at Appalachian. Remaining true to her vision, the Diversity Celebration features performances of local and regional artists, craft workshops and ethnic foods prepared by local chefs, all in an atmosphere that promotes inclusion and collaboration.

“The Diversity Celebration encourages an understanding that our differences are among our greatest gifts,” said King, who has been involved with the festival since its inception.

According to Tracey Wright, former assistant vice chancellor for student development, and a member of the team who cultivated the Diversity Celebration, the event has grown from humble beginnings.

“In our first couple of years, we occupied just a few rooms in the student union. Now the event takes over nearly every room in Plemmons, and groups are clamoring for the opportunity to be a part of it,” Wright said.

She and her husband Tommy Wright, former director of Administrative Support Services, now reside in Cleveland, Tenn., where Tommy is vice president for Finance and Administration at Cleveland State Community College. In honor of their combined service to Appalachian, friends, family and colleagues created the Tommy and Tracey Wright Diversity Scholarship.

Integrating lessons learned

For Hathcock, the past 10 years have been full of challenges and goals achieved. Her degree and her many experiences at Appalachian continue to serve her as an academic advisor and program coordinator at UNC Wilmington.

“I used to think my career path was to be an advocate for students with disabilities, but my time at Appalachian convinced me that I could serve them better by implementing my knowledge to a wider audience,” she said. “I realized that through the act of helping even one person all people are served.”

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Appalachian deepens relationships in Mexico

Stories by Jane Nicholson

Ask Jesse Lutabingwa why Appalachian has educational partnerships in Mexico, and he quickly responds “Why not?” Lutabingwa, associate vice chancellor for international education and development, says it’s important to interact with one of America’s largest neighbors.

“When you look at our neighbors to the south, we can’t ignore Mexico, and its proximity provides affordable travel opportunities for us as an institution and for our students and faculty,” he says.

When Lutabingwa came to Appalachian, he identified countries with which the university needed to revitalize its existing relationships. Mexico was one of those countries.

Appalachian has had partnerships with the Universidad de Las Américas Puebla (UDLAP) and Benemérita Universidad Autónoma de Puebla, both in Puebla, and the Universidad de Quintana Roo in Chetumal, but over the years, they had begun to languish.

“My goal has been to deepen the relationships we have there,” Lutabingwa said.

These partnerships are now evolving to include more than the typical semester- or yearlong student exchange. Appalachian faculty will be providing their expertise in entrepreneurship and renewable energy, and they are developing Appalachian’s first dual- undergraduate degree in the area of communication.

“Our partners also are interested in learning beyond academic programs,” Lutabingwa said. This fall administrative staff from UDLAP will visit Appalachian to learn more about the areas of human resources and student registration, and Mexican professors will come to Appalachian to improve their English-speaking skills in order to teach courses in English at their home universities.

In 2009, Appalachian received a three-year, $300,000 grant to enhance the capacity of UDLAP with its renewable energy and energy efficiency educational programs and activities. The goal of the project is to promote public and private expansion of renewable energy sources and energy efficiency technologies, thereby increasing efficiency of energy use and decreasing Mexico’s dependence on fossil fuels.

Appalachian and UDLAP will co-host a conference on renewable energy and energy efficiency in March 2011 in Mexico. Work on developing a certificate program in sustainability and renewable energy with UDLAP has also begun.

Additional initiatives in Mexico include an active partnership that the Reich College of Education maintains with the American School Foundation of Guadalajara and Instituto D’Amics in Puebla. There, in addition to student teaching at the international baccalaureate school, students and faculty helped establish a school library, including designing its interior and contributing books to the library’s holdings.

“The areas in Mexico where we have international partners are safe and quiet. Puebla and Chetumal are very good places for us,” Lutabingwa says. “My goal is to see that we are doing more with these universities.”

Activities in Mexico

- Dr. Jeff Bortz, a professor in the Department of History, received the John Simon Guggenheim Memorial Foundation Fellowship to conduct research in Mexico.

- In July 2010, Dr. Douglas Jones in the Department of Mathematical Sciences who directs the Mathematical Education Leadership Training (MELT) traveled to the University of Quintana Roo. During his visit, he conducted a professional development institute in mathematics for classroom teachers.

- In the spring of 2009, Dr. Cynthia Wood, a faculty member in sustainable development, and Dr. Derek Stanovsky, a faculty member in the Department of Philosophy and Religion and director of Internet studies, spent a semester at the Universidad de Quintana Roo conducting research and presenting seminars.

- In the spring of 2009, representatives from the Turchin Center for the Visual Arts and the Department of Art visited Universidad de Las Américas Puebla and artists living and working in the region surrounding Puebla and Cholula. This visit laid the groundwork for artist residencies as well as faculty, student and cultural exchanges between the two universities. It also led to the contemporary art exhibit “In the Shadow of the Volcanoes,” the signature exhibit of the center’s summer and fall exhibition seasons. The exhibit, which is on display through Dec. 4, features a wide range of works by contemporary Mexican artists.
What can art and archeology teach students?

Mexico provides a special opportunity to teach how art and archeology helped shape one country’s national identity.

For more than 14 years, art professor Dr. Marilyn Smith and anthropology professor Dr. Cheryl Claassen have taken students to Central Mexico where they learn about the artists of the Mexican Revolution, including muralist Diego Rivera and painter Frida Kahlo, or the country’s ancient history from archeological sites in Mexico City, Puebla and Oaxaca.

“You see their political statements in everything,” Smith says of the artists of the Mexican Mural Renaissance. “Their work is all part of the history and politics of Mexico.”

Diego is known for his larger-than-life murals with themes relating to the working class as well as religious, social and national themes. He was commissioned with other artists in 1921 to create murals for public buildings, the scope of which covers the width and length of several floors in the Ministry of Education Building and in the National Palace.

The murals have great significance in politics and history of the revolution. “Rivera and the muralists were reinventing the image of Mexico, and to do that, they used Mexican symbolism from past cultures, such as that of the Aztecs.” The murals also became a narrative history of Mexico’s indigenous people, Smith explains.

Claassen says it’s important to see these significant works in place. “You can look at slides in a class, but you won’t get the historical and political context that you get when you go to Mexico and see what Rivera and the others were trying to do,” she says.

“You can’t see art in service of politics in the United States. Mexico is full of examples of this.”

Artists weren’t the only ones charged by the government with creating a Mexican nationalism. In the early days of the Mexican Revolution, the scholarship of archeology began in Mexico as a way to develop a national identity. Archeologists excavated historic sites to make them available to the public so that Mexicans could see their glorious past, Claassen says. “These mega sites – the massive pyramids of Monte Albán, Cholula, Teotihuacan and Tenochtitlan – are unlike any archeological sites students can visit in the United States.”

Claassen teaches a course on Mesoamerican cultures that’s part of the general education curriculum. She led a trip to Mexico for anthropology alumni and friends of the department last December that focused on the Virgin of Guadalupe and led another in late October for the Day of the Dead cultural tradition. In March, she will take students to Mexico to explore the art and anthropology of the country.

“Art and archeology have gone hand in hand the last hundred years as a political statement,” Claassen said. “I don’t know of any other place, and certainly not one so convenient, where we can take students and others and discuss the political bedfellows of art and archeology.”

This artist demonstrates a regional method of ceramic art-making called Talavera. A current exhibition at the Turchin Center features a Talavera collection that exemplifies the contemporary treatment of this cultural tradition.
Alumnus Andrew Miller discusses the value of “place” for Appalachian

By Kate Cahow

One in 20 jobs in the American workforce relates to the field of outdoor recreation and education, according to The Outdoor Foundation. Over the past few decades, Appalachian has gained a reputation of excellence in this field and become a leader in training and educating its professionals.

“These statistics indicate the outdoor industry is a huge driver of North Carolina’s economy,” says Andrew Miller '99 '02, coordinator at Outdoor Programs, Appalachian’s adventure resource for students, faculty and staff.

“It supports 95,000 North Carolina jobs, generates $430 million in tax revenues, and $6.1 billion in state retail sales annually,” said Miller, who is also co-chair of Appalachian’s Council for Outdoor Recreation and Education. Founded in 2004, CORE is a networking organization composed of education and recreation groups associated with the university (see timeline for information on CORE partners).

Appalachian has committed to being one of the nation’s preeminent institutions for outdoor recreation and education. A graduate of Appalachian’s recreation management program and the master’s degree concentration in college student development administration, Miller speaks passionately about CORE’s efforts to make that happen.

What factors position Appalachian for a leadership role in the field of outdoor education and recreation?

Our mountain location is entwined with the region’s identity and with Appalachian’s growth as a center for outdoor education and recreation. A huge camping and outdoor scene began here in the 1800s, with families like the Cones establishing large estates locally.

Leaders in the outdoor education industry have for years recognized Appalachian as a place of innovation and entrepreneurship, both for the graduates we produce and the programs we offer. A nod to that reputation came in 1974, when the first international conference on outdoor recreation in higher education was held on campus.

The presence of an Outward Bound school at Table Rock helped solidify Appalachian’s growth in outdoor programming — students began receiving academic credit for participating in courses there in 1972.

Since then, an undergraduate degree in recreation management with three concentrations, and a master’s concentration in outdoor program administration, have been established at the university (see timeline).

Typically, students don’t come to Appalachian with a degree in recreation management in mind. But when they find the program, they are passionate about it.

By attracting individuals who come specifically for this degree, we can elevate the academic experience and quality of leadership opportunities students engage in with our partners. This will position us to more consistently graduate individuals who are prepared to be leaders in the field.
How does CORE attract students into Appalachian's outdoor programming, and provide them with meaningful experiences?

We're focusing on three priorities to help us attract and retain quality students: collaboration, research and communication.

By enhancing collaboration between CORE members, we can plug students into a greater variety of activities both on and off campus. For example, through Mountain Alliance, our undergraduates get leadership experience as trip leaders with local high school students. Outdoor Programs has teamed up with Camp Broadstone to provide students with access to challenge courses there.

Another CORE collaboration offers students access to adventure trips to New Zealand, Wales and Fiji. Providing students with high-quality, international experiences is a priority for the university, and we support that goal.

To understand who we are and our place in the world, it’s important to experience how people in different cultures live. The expeditions we run include home and farm stays, service work, and adventures into the wild environs of these places.

Many students who go on these trips return as very different individuals. We engage them in activities that push them emotionally and physically. In the process they develop a deeper sense of identity, and begin to see what they are truly capable of.

Through an interdisciplinary research agenda, we hope to provide students with opportunities to engage in research across multiple disciplines. On an industry-related basis, this work will position us to contribute to the body of knowledge on the benefits and outcomes of outdoor education and recreation, and our students will be the carriers of this knowledge into the industry.

We’ve recently launched a web portal at www.outdoors.appstate.edu to help us communicate and promote these and other programming efforts.

What role does our mountain environment play in the “Appalachian experience”?

As Mountaineers, the region’s natural environment is a huge part of our identity. For years, students have identified Appalachian’s location and its access to hiking, backpacking, rock climbing, caving and all manner of outdoor recreational pursuits as one of the top reasons for coming here.

Our programs engage students in these environments in ways that encourage growth on many levels. Through active experimentation they take concepts they’re exploring in the classroom and apply them in settings as outdoor leaders and guides, where their judgment and decision-making skills are put to the test.

From leadership and life skills, to team building and career goals, they gain so much when they move outside the walls of classrooms and into the natural world.

How did your experience at Appalachian shape your career ambitions and prepare you to work in the field?

My passion for this work was fostered by faculty and staff who served as my mentors. They encouraged me to take on leadership roles through Outdoor Programs.

I would sit in class in the morning, learning about group dynamics and leadership theory. Then in the afternoon I’d work a challenge course with students, applying those same ideas and theories to a real situation.

Those experiences resulted in my decision to work in this field. Outdoor Programs was for me — and continues to be for many students — a second home, a community.

Learn more about CORE partners at www.outdoors.appstate.edu

Outdoor Programming and CORE Timeline

1955: Camp Broadstone, located in Valle Crucis, becomes part of the university.
1973: Outdoor Programs established.
1978: Undergraduate degree established in leisure studies, now recreation management.
1990: Mountain Alliance established at Watauga High School.
2008: Master's concentration established in outdoor programs administration, offered through Master of Arts in College Student Development.
Hope and Smiles
for children in the Philippines

By Sharine M. Sabour ’10

In the Philippines, cleft lip and cleft palate affect approximately one in every 500 live births. Children born with these deformities often have trouble eating, drinking, socializing or smiling.

Dr. Michael VanLue, an expert in cranial facial abnormalities and a professor in the Department of Communication Sciences and Disorders in the new College of Health Sciences, takes Appalachian State University graduate students to the Philippines to help children who suffer from cleft lip and cleft palate. VanLue, who specializes in speech pathology, traveled on a medical mission with students Ashley Jones, Kirby Lee and Stacey Lyles last March to conduct research while assisting the charity Operation Smile.

VanLue teaches a special topics course at Appalachian, called Cross-Cultural Clinical Research and Practicum in Cleft Lip and Palate. The course gives students the necessary knowledge to understand the complex issues associated with conducting clinical research and service in developing nations where little or no medical model currently exists.

The student team examined the functional effects of unrepaired cleft lip and palate in infants through adult age. They also looked into the indicators of malnutrition as they relate to populations with and without cleft palate, as well as comparing nutrition among different types of cleft lip and cleft palate populations.

The information the team gathered is being compared to the World Health Organization (WHO) database, which keeps records of the general population for the indicators of malnutrition in the Philippines.

“My philosophy is that through international outreach, I’ve become more sensitive to disparities of care in and around populations of rural areas in the United States by seeing the worst there is in the world,” VanLue said.

Operation Smile is a worldwide children’s medical charity, consisting of medical professionals and caring individuals who provide safe, effective reconstructive surgery for children born with facial deformities.

Since 1982, Operation Smile has provided free surgeries to more than 135,000 children in more than 51 countries. The surgeries can take as little as 45 minutes to perform and they provide children with a smile, hope and confidence to last a lifetime.

Children as young as 6 to 8 weeks old can receive surgery. As they get older, they receive additional surgeries to continue to fix their cleft lip and palates. Scarring is minimal and treatment protocols last until age 18.

“I’ve traveled to a fair amount of countries for someone my age, but seeing a child look in the mirror for the first time after their lip has been repaired is perhaps the most valuable thing I’ve ever seen,” said Lee, one of VanLue’s graduate students.

Operation Smile has been working in the Philippines for more than 25 years, running their own missions in providing children with surgeries to repair cleft lip and palate deformities.

Researching cleft lip and palate as a global issue

There are 400 syndromes connected with cleft lip and palates, and children with these deformities sometimes have higher rates of malnutrition and poorer feeding habits.

There are many causes associated with cleft lip and palates, including genetic issues, the environment, malnutrition, vitamin deficiencies and smoking. Children in the United States are born with cleft lip and palates for the same reasons as other children around the world, although they have better access to early surgical corrections. “Cleft lip and palate is global. We have to look at the
About Communication Sciences and Disorders:
Appalachian’s Department of Communication Sciences and Disorders prepares students for careers as speech-language pathologists in a variety of settings, including schools, hospitals, nursing homes, community clinics, home health and private practice. It offers a Bachelor of Science in Communication Disorders and a Master of Science in Speech-Language Pathology. The department is accredited by the Council on Academic Accreditation in Audiology and Speech-Language Pathology (CAA), an entity within the American Speech-Language-Hearing Association (ASHA).

In the Philippines, cleft lip and cleft palate affect approximately one in every 500 live births. This little girl was born with a cleft lip.

Using Appalachian’s Charles E. and Geneva S. Scott Scottish Rite Communication Disorders Clinic and its state-of-the-art equipment for voice disorders, he worked individually this summer with children who participate in speech therapy in the public schools but don’t qualify or are unable to get speech therapy during the summer.

He hopes to start a summer speech camp for children. “It will provide support for the children of this area and hopefully help speed up their recovery time in speech disorders related to their cleft,” VanLue said.

**Focusing on speech pathology in Western North Carolina**

VanLue also is committed to helping North Carolina’s children who have speech disorders due to cleft lip and palate.

“My goal here at Appalachian is to not just do international work, but to set up a support mechanism for all the patients in our western counties who have to travel really far to get to these regional centers. We can provide follow-ups on their patients for speech therapy and speech diagnostics,” VanLue said.

In the Philippines, cleft lip and cleft palate affect approximately one in every 500 live births. This little girl was born with a cleft lip.
Making Connections

Parent to Parent Family Support Network - High Country links families in need with information and resources

By Linda Coutant

The chances of a child being born with Stickler Syndrome and Pierre Robin Sequence, which affect the development of facial features, are quite rare – but all three children born to Deanne ’93 and Chad Smith ’94 inherited these genetic disorders. Two of their children were affected so badly they each required weeks of hospitalization and home health care, in addition to surgery, to correct cleft palates, airway obstructions and other complications.

Optimistic by nature, however, the Smiths turned their family ordeal into something positive for others. They have shared what they learned with other North Carolina families dealing with these conditions as volunteers with Parent to Parent Family Support Network - High Country (FSN-HC.)

“The unknowns as a new parent were very scary. With Audrey, we didn’t know what her outcomes could be,” recalls Deanne Smith. “If someone could have told me that at age 4, Audrey would be fine, it would not have been so scary. My silver lining has been to take this experience and use it to help others.”

For 22 years, Parent to Parent FSN-HC has provided information and support to families who have children with special needs, taking away the isolation these families often feel. The situation may be a premature baby, a child with a disability, emotional and behavioral challenges, chronic health conditions or grief over the death of a child. Part of the program’s services is matching experienced families with those who are facing a situation for the first time and don’t know where to turn.

Parent to Parent FSN-HC serves seven rural counties – Allegheany, Ashe, Avery, Mitchell, Watauga, Wilkes and Yancey – where families typically don’t have access to condition-specific support groups like families in larger, metropolitan areas.

It began as a grant project within Appalachian’s Reich College of Education and is an affiliate of Family Support Network of North Carolina. Still part of RCOE, Parent to Parent FSN-HC is considered a regional model for the network.

“Early on we worked with a lot of parents who had a child with Down syndrome, but we’ve seen significant increases in children with autism and with mental health issues like early-onset bipolar disorder. These are extremely challenging situations for families, but families are incredibly good problem solvers,” says the program’s director, Kaaren Hayes.

Hayes got involved with the organization in the early 1990s after benefiting from similar services while struggling with a son with a learning disability.

Parent to Parent FSN-HC has 70 experienced and trained volunteer support parents, three outreach coordinators, holds more than 40 support group meetings each year, and offers an Ability Awareness program to teach proper etiquette when interacting with people with disabilities. Last year, it presented eight free workshops for families and professionals and made more than 600 contacts with families. It also collaborates with other service providers including Social Services, Western Youth Network and private therapists.

Parent to Parent FSN-HC keeps strong ties to campus. It employs interns from a variety of academic programs and receives a significant donation each year from Dance Marathon, a student-led fundraiser. Since 2003, Dance Marathon has raised more than $75,000 for local community agencies. The next Dance Marathon will be held Saturday, Feb. 19, 2011, in Legends.

Deanne Smith and her daughter Audrey, now 10, have made appearances at Dance Marathon, along with other Parent to Parent FSN-HC families.

“The Appalachian Family has a real desire to help others,” she said. “Students may have no idea who they are helping through this Dance Marathon. I am so impressed with the heart and effort they give to make the event such a success. As an alumna and as a parent, I really hope Parent to Parent has a long life so more parents and their families can be supported. Who knows, one of our current students may someday need a place to turn to support their own child.”

Learn more at parent2parent.appstate.edu.

Your financial help is needed – Parent to Parent receives in-kind support from the Children’s Developmental Services Agency - Blue Ridge (CDSA), High Country United Way and Partnerships for Children-Smart Start, but private support is vital to the program’s survival. Each year, $110,000 must be raised to continue the program’s operations. If you are interested in making a gift, visit www.give.appstate.edu and scroll through the dropdown box under “College of Education” or call Kaaren Hayes at 828-262-6089.
“Medical personnel do not always know what a family goes through day in, day out with a child with special needs. When I got a personal call from Kaaren with Parent to Parent, I was touched and felt supported.”

— Deanne Smith ’93
Alice Roess in the back garden of her Blowing Rock home with her dog Starbright.
A True Appalachian Friend

By Jane Nicholson

Alice G. Roess is energized by the students at Appalachian State University. And as a member of Appalachian’s Board of Trustees, she uses that energy to help improve campus life.

“When I’m exposed to the students, whether it’s through the Walker College of Business or just walking around campus, I am so taken with them,” Roess said. “They are helpful, interesting and kind. And I like that they are interested in the environment and sustainability.”

Roess knew of Appalachian long before she was appointed to the Board of Trustees in 2009. A former resident of St. Petersburg, Fla., Roess met Chancellor and Mrs. Kenneth E. Peacock through mutual friend Thelma Raley when Peacock was dean of the Walker College of Business.

“She is one of those rare individuals who touches the lives of others in ways that change them forever, making them better just from knowing her. During her short tenure on the Board of Trustees, she has made a difference in the lives of many students. Her success as a business leader coupled with her love of young people makes her a perfect person to serve on the Board of Trustees. She is an ambassador, a well-respected leader, a generous supporter and a true friend for our university.”

Roess moved permanently to Blowing Rock in January 2008 after spending more than 15 summer and fall seasons in “the village,” in part because of the university, its cultural offerings and its students.

When asked to consider an appointment to the university’s Board of Trustees, Roess quickly agreed, telling Peacock, “If you want someone who will work hard for Appalachian and who will tell it like it is, I’m the one.”

And work hard she does, whether it’s in her role as a trustee or by supporting university programs and activities. Roess also serves on the campaign steering committee that will help the university chart and reach its future fundraising goals.

“Alice is a wonderful advocate for the university with her enthusiasm for and very visible support of the university. Her expertise will be a valuable asset that will help secure private gifts in support of the university’s programs, students and activities,” said Susan Pettijohn, vice chancellor for University Advancement.

When asked to consider giving financially to the university, she didn’t hesitate. She has made a $3 million commitment to the university to benefit three of her areas of interest: international travel for students in the Walker College of Business, the Turchin Center for the Visual Arts and athletics.

“I wanted to make my own change in peoples’ lives,” she said of her gift plans. “The best use of anything I have is to leave it to Appalachian where I know it will help others. I can’t think of anything better to do.”

Roess and her late husband, Judge Martin John Roess, were avid cruisers during their 26-year marriage and took 62 cruises—seven of which were “around the world cruises” at a time when cruise lines were still circumnavigating the globe. During their travels, the couple collected art that adorns Roess’ home. A longtime fan of collegiate and professional sports, she attends most Mountaineer football games, whether the team plays at home or away.

Roess is making a mark on campus through her leadership on the Board of Trustees, where she is a member of the business affairs and student development committees, and through her support of a campus greening committee, a student-led initiative to replace trees damaged during the 2009 ice storm and add evergreen trees to campus.

“There is a strong commitment to our surroundings in North Carolina that I didn’t see in Florida and that I want to be a part of,” Roess said.

Her interest in the environment and the campus beautification project won’t surprise those who know Roess. She is well known for the twilight garden at her Blowing Rock home filled with white, bright, fragrant flowers from spring to fall, such as clematis, daisies, giant white phlox and hydrangeas. The garden is designed to be enjoyed at dusk and through the early evening hours, and similar to one at her former Florida home, is in memory of her late husband and her daughter, who died unexpectedly at age 40.

“My daughter died suddenly in her sleep,” Roess said. “We had spent the night before she died talking and laughing about many different things, but my entire thinking changed after her sudden death. She was perfectly healthy, but I realized there were no guarantees in life.”

Since that time, Roess says she has tried to live every day to its fullest.

“Since I had no family, I thought it was important I make my wishes known. That’s why I included Appalachian in my estate plans,” she said. “I hope everyone has a long and healthy life, but you can’t count on that. So you prepare as best you can.”

An active civic and charity volunteer, Roess is considered a friend as well as a valuable asset to the university by Board of Trustees’ Chair Jeannine Underdown Collins.

“I don’t know how I have lived my life without knowing Alice Roess,” Collins said of her fellow board member. “We hit it off first thing.”

Roess worked in real estate development while a resident of Florida and brings a skill set that complements the background of other board members. “She is a tough businesswoman and brings a different perspective to the board,” Collins said. “She does her homework, and our assignments are challenging to say the least. Alice is always eager to learn something new and I am honored to work with her.”

And Collins adds, “She has embraced Appalachian with her heart. We are blessed to have her as a friend of the university and a trustee.”

“I have been in business all my life and I’m sure I see things differently than others do,” Roess said. “The university is a $150 million dollar enterprise, I think it is important, especially with the budget cuts over recent years, to have business people as part of the decision-making process to ensure that the university continues to grow.”

Learn more about supporting Appalachian at www.give.appstate.edu
Alumni in Action

Appalachian prepares military leaders

By Kate Cahow

For nearly 40 years, Appalachian State University’s ROTC program has produced quality leaders for the U.S. Army. Graduates earn the bar of a second lieutenant after developing self-discipline, physical stamina and poise, as well as organizational and motivational skills. Among the program’s successful graduates are Brig. Gen. Edward M. Reeder Jr. ’81 and Staff Officer Natalie Graham Mallicoat ’05.

A helicopter pilot in Afghanistan

Piloting a OH58D Kiowa Warrior helicopter just hundreds of feet off the ground with a two-person crew and a ground unit counting on your team for cover and intelligence is a profound responsibility.

For Natalie Graham Mallicoat ’05, a staff officer at Fort Bragg, that was her life in Kandahar, Afghanistan from April 2009 to April 2010, and it will be again in the coming year.

After completing the Aviation Captains Career Course at Fort Rucker, Ala., this fall, she is scheduled to deploy for her second tour of duty in Afghanistan, this time as a troop commander.

Mallicoat was a political science major at Appalachian. She is married to James Robert Mallicoat ’02, who was an industrial drafting and design major. He is in the 3rd Special Forces group at Fort Bragg.

In a diminutive voice belying her 27 years, Mallicoat delivers a rapid-fire account of her experience with the 1st Squadron 17th Cavalry Regiment at Regional Command South in Kandahar.

“We were very effective when it came to supporting the ground forces and engaging with the enemy,” she said. “Our mission was basically close combat attack, security missions and reconnaissance.”
“When a ground unit came in contact with the enemy, we functioned as a quick reaction force. We either provided air coverage for them while they were maneuvering, or we identified where the fire was coming from and engaged the enemy ourselves,” she said.

Mallicoat’s military career began with Appalachian’s ROTC battalion, but her commitment to serve began much earlier. She and her brother Travis were raised primarily by their father, James Graham, a lifelong teacher in the North Carolina and Ohio public schools.

“He impressed upon us service to our country from a very young age,” said Mallicoat. She and Travis, who is a first lieutenant and R.N. at Walter Reed Army Medical Center in Washington, D.C., took those teachings to heart.

Just three days after graduating from Appalachian, Mallicoat showed up for flight school at Fort Rucker—the home of army aviation. She began flying helicopters in November 2005, and has served as a commissioned officer with U.S. Army Aviation ever since.

When asked if she plans to be a career soldier, Mallicoat speaks with uncertainty.

“I don’t really know. For me this is about more than duty. I feel this is what I’m supposed to be doing,” she said.

For the time being, Mallicoat moves forward on the path she has chosen, and hopes she and her husband will continue to be stationed at Fort Bragg together after their respective assignments.

A commanding presence in the U.S. Army Special Forces

As the commanding general of the U.S. Army Special Forces, Brig. Gen. Edward M. Reeder Jr. ’81 is responsible for more than 14,000 soldiers conducting special operations worldwide.

“When Layman’s terms, I command the Army’s entire Green Beret forces,” said Reeder, who is stationed at Fort Bragg, home of the Army Special Forces.

Reeder returned to Fort Bragg from his most recent deployment to Afghanistan this March. In addition to his duties as commander of Army Special Forces there, he was responsible for a contingent of Navy Seals, Marine special operators and some coalition special forces from Canada, France, the United Arab Emirates and Jordan.

For those unfamiliar with the U.S. Army Special Forces, Reeder describes them as unconventional fighters who are masters at the application of warfare on the battlefield.

“When Special Forces operators come out of the initial training pipeline, we are geographically oriented to the world,” he said.

“We all speak a second language and get cultural orientation and awareness of the area where we work. We will do multiple deployments around the world,” said Reeder, who has deployed to Panama twice and to Afghanistan five times.

A Fayetteville native who was born at Fort Bragg, Reeder earned a Bachelor of Science degree in psychology at Appalachian. He was commissioned as an infantry officer through the university’s ROTC program in 1981. Of his more than 28 years in the Army, Reeder has served 25 with Special Forces.

“When I graduated from Appalachian, I immediately entered the Army. I have not had another job since,” said Reeder, the son of a career soldier.

“This is exactly what I wanted to do from about the age of 7, and I have stayed the course,” he said.

Reeder took a momentous step on that course when he was promoted to his current position as brigadier general in February 2009 — the promotion that landed him command of the entire Army Special Forces.

“Our men are very good at the direct action piece, which is removing significant Taliban mass formations and Taliban commanders,” said Reeder. “They have removed more Taliban forces than the entire coalition forces combined,” he said.

There is, however, another side to Special Forces’ efforts in Afghanistan that few people hear about: supporting medical treatment for Afghans who would not otherwise receive general health care, and infrastructure and building projects.

Special Forces operators build about 200 schools a year in the Afghanistan countryside, and with the help of the United Arab Emirates, they refurbish and/or build mosques.

“There’s the ugly part of war that our guys are very good at — the killing and capturing. This is the goodness they do,” said Reeder, who personally sponsors an orphanage in Kabul for 73 girls.

“Given the gravity of this job, being able to give back in some way is important to all of us,” he said.

Appalachian named a military friendly school

G.I. Jobs’ 2011 Guide to Military Friendly Schools includes Appalachian in the top 15 percent of the nation’s colleges, universities and trade schools that are doing the most to embrace America’s military members and veterans as students. The guide was published in September.

This is the second year in a row Appalachian has made the list. Criteria include efforts to recruit and retain military and veteran students, results in recruiting military and veteran students and academic accreditations. More than 250 students applied for VA education benefits for Appalachian’s 2010 fall semester.
Portions of alumni notes received from Jan. 15 through July 28, 2010.

2000s

JOSHUA BARBER ’00, painter of modern icons and landscapes, joined a group of renowned international artists for a second year in the DrewsCats Urban Contemporary art auction.

LESLIE (STEELMAN) HIATT ’00 and Lawrence Hiatt announce the birth of Elam Luke, March 13, 2010. Leslie received the Director’s Award from the United States Attorney General for work on a six-year investigation in December 2009.

JULIE (OLIVER) TAYLOR ’00 and Joseph Taylor announce the birth of Aries Hayden, March 31.

Derek Goddard ’00 has been promoted to vice president at Blue Ridge Environmental Consultants, has been the assistant to local sales manager at CBS Radio in Charlotte.


Nicole (Lockamy) Sherrill ’01 and Matthew Sherrill announce the birth of Lawson Nicole, May 3, 2010.

Michael StanziUe ’01 and Laura (Copeland) StanziUe ’00 announce the birth of Brandon Michael, Dec. 11, 2009.

Jason Vestal ’01 and Staci Vestal announce the birth of Austin Broderick, Feb. 21, 2010.

Randi Brockway ’01 is manager of human resources at Scott Health & Safety (a division of Tyco International, Ltd.) in Monroe.

Brian Coby ’01 is vice president and regional director at Goldman Sachs Asset Management in Tulsa, Okla.

JAY NATHAN ’01 has been promoted to director of enterprise technology consulting at Blackbaud Inc. in Charleston, S.C.

Bryan Scott ’01 has accepted a position as an attorney with Spilman Thomas & Battle, PLLC, in Winston-Salem.

Richard Wheeleran ’01 is an associate with CapitalSouth Partners in Charlotte.

Erica Farris ’01 and John Rhyne were married May 8, 2010.

Kyle Keelan ’01 and Sommer Stewart were married Feb. 27, 2010.

Nicole (Roberts) Young ’01 and James Young were married June 12, 2010.

Mary Jayne Harrelson ’01 has been inducted into the Southern Conference Hall of Fame.


William Johnson ’02 and Alison (Pittman) Johnson ’02 announce the birth of Matthew, May 23, 2010.

Sarah (Byerley) Long ’02 and Matthew Long ’00 announce the birth of Sadie Rose, Feb. 1, 2010.

Maranda Maxey ’02 and Patrick Maxey ’01 announce the birth of Roger Crockett, March 31, 2010.


KENT PIKE ’02 has been promoted to local sales manager at CBS Radio in Charlotte.

Jason Clark ’02 and Katherine Reffell of Winston-Salem were married Oct. 3, 2009.


David Goldstein ’03 and Elizabeth Goldstein announce the birth of Rachel Lydia, Jan. 26, 2010.

Elizabeth (Henry) Huetelmyer ’03 and Kevin Huetelmyer ’03 announce the birth of Henry, March 2, 2010.

Joshua Morris ’03 and Barbe Morris announce the birth of Miller Marie, Sept. 21, 2009.


David Pierce ’03 and Amanda (Metzler) Pierce ’03 announce the birth of Connor David, Feb. 23, 2010.

Meredith (Royall) Swanson ’03 announce the birth of Laurel Gray, May 13, 2009.

Patrick Berry ’03 has been promoted to organizational development at Transportation Insight.

Jack Veit ’03 is the assistant manager for Craven County.

John Oakley ’03 and Joanna (Olivieri) Oakley ’06 of Charleston, S.C., were married May 16, 2009.

Augusto Pena ’03 has been appointed to the Governor’s Advisory Council on Hispanic/Latino Affairs.

Falon Veit ’03 was promoted to vice president at Event Logistics Inc., in April 2009.

Kristina (Overton) Dennis ’04 and Matthew Dennis announce the birth of Kori Kristine, March 26, 2009.


Lauren Plemmons ’04 and Robert Plemmons announce the birth of Madison Noel, April 5, 2010.


Jordan Irwin ’04 and Matt Hauser ’04 of Winston-Salem were married Oct. 5, 2009.

Nathan McKinney ’04 and Amy Cockfield of Greensboro were married June 27, 2009.

Fern Perkins ’04 recently received Alamance Community College’s 2010 Inspiration Award.

Staci Lambert Davis ’05 and Bobby Davis announce the birth of Parker Wade, Dec. 8, 2009.

Nicholaas Day ’05 and Kristen (Wallace) Day ’05 announce the birth of Reily Elizabeth, April 21, 2010.

Ashley (Harbinson) Enslay ’05 and Kevin Enslay ’05 announce the birth of Mason William, July 16, 2010.


Michelle Leigh Tuttle ’05 received a master of education for experienced teachers in early childhood intervention and family support from UNC-Chapel Hill, May 9, 2010.

Kenneth Warren Boyette ’05 and Suzanne Vuillemont were married March 3, 2010.

Mary (Drayland) Lampley ’05 and Luke Lampley of Stewartsburg, Minn., were married Feb. 20, 2010.

Randall Potter ’05 and Jamie (Pendergraph) Potter ’07 of Lexington were married June 12, 2010.

Courtney (Skillman) Sells ’05 and Jared Sells ’04 of Charlotte were married May 9, 2010.

Robin West ’05 and Scott Greene were married Dec. 5, 2009.

Leslie Atalase ’05 has joined Synapsis as a knowledge harvest sales representative.

Jonathan Kappler ’05 has been accepted into the fall 2010 class of the Institute of Political Leadership.


Sarah (Henderson) Helms ’06 and Daniel Helms of Concord were married June 19, 2010.

William Woodroof ’06 and Tara Spencer were married June 5, 2010.

James Marc Strickland ’06, a police officer with Appalachian, has...
returned to Boone after his second deployment to Iraq.

JENNIFER (HOUSEWORTH) CLINE ’06 is president of the Lower Cape Fear Human Resource Association.

JOSEPH SLOOP ’06 has been named town manager of Yadkinville, N.C.

KEN KNIGHT ’06 and MACIE KNIGHT ’07 announce the birth of Nella Hazel, March 11, 2010.

MARC LEWIS ’07 is a project coordinator at Kelly Mar-Com.

ASHLEY NICHOLE EDWARDS ’07 received a master’s in public policy from the University of Minnesota. She has been appointed a presidential management fellow, and will work with the Poverty Statistics Branch of the U.S. Census Bureau in Washington, D.C.

MACKIE DAVENPORT ’08 is a medicinal chemist at GlaxoSmithKline in Research Triangle Park.

KASEY PATTON ’08 has graduated from the U.S. Coast Guard Recruit Training Center in Cape May, N.J.

JAMA ASHLI GREENE ’08 and RANDALL SCOTT MAPLES ’08 of Asheville were married Oct. 17, 2009.

PATRICIA PRICE ’08 and Gabriel Nail were married April 4, 2009.

MICHAEL COULTER ’08 is hosting Yapp, a new Charlotte-area sports talk radio show, along with Appalachians graduates BRYCE JOHNSON ’09 and BUD MARTIN ’83.

BRANDON HOLMES ’08 is in the Democratic Republic of the Congo as a missionary, teaching at the Christian Bilingual University of the Congo.

ADAM KOSSLER ’08 received first prize in the 2010 Appalachian GuitarFest and Competition.

BROOKE KRAUS ’09 and Uriah Kraus announce the birth of Annabelle Grace, June 2, 2010.

JAMES MORGAN ’09 and EMMALEE (BOXYMAN) MORGAN ’09 were married May 17, 2009.

SETH TRIPPLET ’09 has been promoted to small claims administrator at High Country Bank.

ARMANTI EDWARDS ’09 was selected in the 2010 NFL Draft by the Carolina Panthers. He was also named the Bob Waters Male Athlete of the Year.

deaths


JONATHAN BURWELL ’05, March 17, 2009.

CHRISTOPHER LOWER ’05, Sept. 27, 2009.


BRIAN E. LEE ’07, June 17, 2010.


WILLIAM STARLING ’08, Sept. 18, 2009.

ASHLEY ABEE ’09, June 16, 2010.

Observatories keep scanning the skies with help of Appalachian graduate Brian Walls

By Anna Parrish ’09

When Brian Walls ’99 registered for an introductory class in astronomy at Appalachian, it became the impetus that led him to a career with one of the world’s most notable observatories, Gemini Observatory in Hawaii.

“What was initially just a class to fulfill a requirement became a new direction in my life,” said Walls, who was a double major in physics and astronomy, with a minor in computer science.

Walls credits Dr. Daniel Caton, a professor in the Department of Physics and Astronomy who taught that class, for reawakening his childhood fascination with astronomy.

“It might have been the passion behind Dr. Caton’s teachings, or the way he presented the material, but within the first month of the course I knew I had to modify the career goals I had set for myself,” said Walls.

With Caton’s encouragement Walls began working with the telescopes and instrumentation at Appalachian’s Dark Sky Observatory, and developed a strong foundation in observing principles. Through the department, he was able to attend American Astronomical Society meetings and network with other astronomy undergraduates, as well as professional astronomers.

It was at one of these meetings in 1999 that Walls was encouraged to apply for a position at Gemini by Fred Gillett, the person after whom one of the Gemini telescopes is named.

In his first position at Gemini as a systems support associate, Walls manipulated the telescopes during nighttime observations, and acted as the “hands” of engineers using the telescopes from remote locations. Large, ground-based observatories like Gemini’s play a major role in astronomical research, and provide support to projects like Appalachian’s at observatories around the world.

Now a systems engineer, Walls plans and executes projects for Gemini’s twin 8.1 meter telescopes — Gemini North in Hawaii and Gemini South in Chile.

“These projects require us to stop observation for anywhere from 10 days to a month,” Walls said. “During this time we perform maintenance, sometimes using as many as 40 engineers and technicians to perform the work.”

Last year, Walls was honored with a 2009 AURA Outstanding Achievement Award in technology and innovation for leading the effort to recoat Gemini North’s primary mirror.

Mirror coating is an essential task at all observatories, Walls explains, because dust and oils tarnish the mirrors over time, leading to a loss of reflectivity and other complications.

“Mirrors are the key optical components of a modern telescope,” he says. “They gather light from astronomical sources, then bring it into focus so it can be transformed into data. When the mirrors are dirty telescopes operate less efficiently and some of that light is lost.”

Walls received his AURA award during an auspicious year: 2009 marked the 400th anniversary of the first use of a telescope by Galileo.

AURA is a consortium of universities and other educational and non-profit institutions that operate world-class astronomical observatories.
ALUMNI NOTES

1990s

NANCY NORRIS '90 received an EdS in higher education from Appalachian on Aug. 7, 2009.

MELISSA (RICHARDSON) MCCARRAHER '90 and L. Jay McCarraher of Granite Falls were married March 5, 2010.

JOHNNY JENNINGS '90 has been selected for induction into Appalachian’s Athletics Hall of Fame.

JEFFREY EATON '90 was promoted to captain with the Greensboro Fire Department, Dec. 15, 2009.

ALAN ROBERTS '90 has been appointed vice president of brand performance and support for the Hilton Garden Inn brand.

DAVID NG '91 has been promoted to chief of police/director of public safety at WakeMed Health & Hospitals in Raleigh.

SHANNON NUNN '91 and Eddie Racco II were married Dec. 12, 2009.

JOEL STRICKLAND '91 completed the Ironman Florida Triathlon in Nov. 2009.

AMY SMITH '92 and Thomas Collier announce the birth of Rebecca Caroline, Nov. 10, 2009.

JACQUELYN (JULIAN) MCINTURFF '92 has been promoted to university program specialist in the chancellor’s office at Appalachian.

KIM GREENE '92 '97 has been assigned as principal of Marion Intermediate School.


CHRISTOPHER HAWN '93 is sales manager for the U.S. market at Machinex Industries, Plessisville, Quebce, Canada.

ANDY ATKINS '93 received a doctor of ministry in evangelism and church growth from The Southern Baptist Theological Seminary, May 14, 2010.

MARY (KENT) WHITAKER '93 was named Teacher of the Year for Watauga County.

JEFF PUCKETT '93 is vice president for external affairs at Beloit College, Beloit, Wis.

JAMES K. REAVES '93 received the 2010 Young Alumni Award from Appalachian in April.

SHANNON (PRUITT) BOLES '93 was named Sokes County’s 2010 Principal of the Year.

MINDY COATNEY '93 recently received the Boone Area Chamber of Commerce’s Small Business of the Year award for the Stick Boy Bread Company.

TRAVIS POWERS '94 and KRISTI (DRAKE) POWERS '05 announce the birth of Autumn Jolea, Jan. 28, 2010.


TRACY MILLER '94 received a master of arts in service agency counseling from UNC Pembroke in May.

DAVID SWAIM HUTSON '94 and Christina Hutson presented their first collection for Generra at the Mercedes Benz Fashion Week in New York City in Feb. 2010.

CHRISTY LOHR '94 has accepted the position of associate dean for religious life at Duke Chapel.

KEVIN WAGNER '94 joined law firm Nossaman, LLP in public finance and infrastructure practices on May 13.

OLITA BOONE '95 and Michael Boone Sr. announce the birth of Gabrielle Alivia, Dec. 6, 2009.

NIKKI (BROWN) BRAUNE '95 '00 and STEVEN BRAUNE '99 announce the birth of Stephanie Lorraine, June 5, 2009.

AVERY (HAWARAH) HOUDÉ '95 and Joe Houdek announce the birth of Connor, April 28, 2010.

MEREDITH (WINEBARGER) MORGAN '95 and Jim Morgan announce the birth of Andrew James, Feb. 3, 2010.

MATTHEW DOGGETT '95 has been promoted to debate team coach and professor in the speech department at Middle Tennessee State University.

THOMAS GAMBLE '95 is a senior relationship banker at RBC Bank in Greensboro.

ADAM HATCH '95 has been named principal of Pamlico County High School in Bayboro.

ROBERT BREWER '95 received a doctor of theology in homiletics from the University of Toronto, May 13, 2010.

(JAMES) LYONEIL WRIGHT '95 received a doctor of philosophy in sociology from the University of Tennessee at Knoxville, May 13, 2010.

MARK LEVINE '95 is director of marketing and communications at Idaho State University in Pocatello.

TOBY CONE '95 has been named principal of Cove Creek Elementary School in Vilas.

BRIAN PROPPST '95 has been named vice president of business development for the regional John Hancock Financial Network firm, Capitol Financial Solutions.

HAL PUGH '95 has been nominated for his accomplishments in the field of pottery by the Folklife Program of the North Carolina Arts Council for inclusion in SouthernArtistry.org.


SCOTT MENDEHALL '96 and Kelly Mendenhall announce the birth of Keegan Avery, May 6, 2010.


KRISTEN (WHARTON) DIBLEY '96 is an internet marketing consultant at ReachLocal in Charlotte.

JASON CARROL '96 and Karen Chesley were married in June 2010.

DAVID PRUETT '96 has released his new book, “MuzikMafia: From the Local Nashville Scene to the National Mainstream” (American Made Music Series).

AUBREY DERRYBURY DURNIN '97 and Aaron Durnin announce the birth of their son, Caleb Asher, Sept. 30, 2009.


MEGAN SPROUSE '97 and Bill Kelly announce the birth of Nola Elizabeth, Sept. 28, 2009.

SUSAN (SACK) SUTTER '97 and Ross Sutters announce the birth of Campbell Ellis, April 26, 2010.

STEPHANIE (PURSER) WARD '98 and JONATHAN WARD '99 announce the birth of Erin, March 24, 2010.

LAURA AIKEN 98 was inducted as president of the Appalachian Alumni Association this spring. She was also a recipient of the Triangle Business Journal’s 40 under 40 Awards, recognizing young, influential individuals in the area.

JASON RHODES '98 is the 2010-11 Teacher of the Year for Henderson County Public Schools.


BRIAN PROPPST '95 has been promoted to assistant vice president at Peoples Bank.

BRANDY BUCHANAN '99 received a master’s in counseling from Gardner Webb University, Aug. 3, 2009.

TRAVIS RICHARDSON '99 has been recognized as Teacher of the Year for Ashe County Schools. He received a doctorate in educational leadership from Appalachian in August 2010.

DAVID ADLER '97 and Ashleigh Fountain of Savannah, Ga., were married June 19, 2010.

ELIZABETH BAIRD HARDY '97 contributed to two chapters of the book “Twilight and History.”

AUSTIN OBASOHAN '97 has been named Duplin County Schools Superintendent.

AMY (VAUGHN) CREIGHTON '98 and Matthew Creighton announce the birth of Connor James, April 2, 2010.

HANNAH (HOOSIER) DOWDLE '98 and Todd Dowdle announce the birth of Connor, Jan. 29, 2010.

CHRISTY EWSWORTH '98 and Bob Esworthy announce the birth of Lyla Grace, Jan. 21, 2010.

REBECCA (SHUTTLESWORTH) LEWIS '98 and Joseph Lewis announce the birth of Caroline Elizabeth, Oct. 30, 2009. Rebecca is president at NC Literacy Resources in Charlotte.

CHRISTOPHER LOWDER '98 and Christine Lowder announce the birth of Christopher Joel Jr., July 7, 2010.

SAMANTHA (HAGLER) NEVINS '98 and Ross Nevins announce the birth of Campbell Ellis, April 26, 2010.


BOBBY HARRIS '97 and Jennifer Harris announce the birth of Thomas David, July 23, 2010.


Brandon Adcock ’06 speaks at the Carole Moore McLeod Entrepreneur Summit on campus.

Alumnus creates his own corporate ladder

By Jane Nicholson

When Brandon Adcock ’06 graduated from Appalachian, his career plans were typical of most college graduates: get a job, work for a good corporation, work your way up the career ladder. After all, that’s the path his parents followed.

But something happened along the way. Four years after graduating, Adcock became an entrepreneur. He is co-owner of the multi-million dollar company Direct Digital, an Internet-based vitamin and supplement company that is headquartered in Charlotte and has offices in Boston, Mass. The company’s products also are available in GNC stores nationwide, through Amazon.com and Drugstore.com.

“I never really thought of myself as an entrepreneur or someone with an entrepreneurial spirit. I have always done different things ever since I was a kid. I just never thought I would start my own business,” Adcock said. “I had an idea, was at the right place at the right time and took risks.”

Adcock graduated with degrees in marketing and political science. His first job was working for a defense contractor in Washington, D.C. He left after a year and worked for Lowe’s Home Improvement’s search marketing program.

Adcock gained experience in search engine marketing while in college, teaching himself methods in which companies can improve their visibility on search engines for specific consumer searches. He took lessons learned while at Lowe’s to start his own business providing marketing solutions for vitamin and supplement companies.

“The business did phenomenally well, better than I expected it to,” Adcock said. “After nine or 10 months, I decided I could do a better job and create better products that were more effective than those I was working with.”

In July 2009, Adcock, John Kim, who heads the Boston office, and Paul Reichelt co-founded Digital Direct and launched the product Instaflex. “I took a gamble and it has paid off extremely well,” Adcock said. “The short story is our business snuck up on pretty much every manufacturer that sells health products. Within six weeks of launching our brand in GNC, we were the No. 1 selling third-party joint health product sold in GNC stores.”

The privately owned company has made tens of millions in sales in its first year and is seeing virtually 100 percent growth from month to month. The company employs 12 people in its corporate offices and has 60 agents in its call center in South Dakota. It has signed endorsement contracts with Carla Overbeck, former captain of the U.S. Olympic women’s soccer team member, and former NFL quarterback Doug Flutie.

Among Adcock’s employees is Kendrick Tillman ’06, an accounting major who completed a master’s degree from Wake Forest in 2007. Tillman, a CPA, joined the company in April and oversees the company’s financial operations. Tillman and Adcock were both Appalachian Ambassadors.

Adcock’s sister, public relations major Lauren Adcock ’09, oversees the company’s customer support services. Reichelt, who also attended Appalachian, is the company’s chief marketing officer.

Adcock says that for now, he is content focusing his efforts on his company’s continued success. “I don’t see myself as a serial entrepreneur who starts a bunch of companies,” he said. “I love what I’m doing and I am extremely passionate about our company.”

The business has five more brands slated to launch in the near future, including a supplement designed to provide relief from stress and anxiety.

“The last two years have been a roller coaster. While I’m young, I’m willing to take some risks,” Adcock said. “If this were a poker game, I would basically be going all in every day. I really see myself doing this for as long as the ride lasts.”
Share Your News
www.alumni.appstate.edu/goldbook
You can also mail your information to Alumni Notes, McKinney Alumni Center, ASU Box 32015, Boone, NC 28608.

TODD CAMPBELL ’87 has been promoted to president and CEO at Sagitar Life Insurance.

TONY Wray ’87 was inducted into the Cleveland County Sports Hall of Fame May 3, 2010.

CHAD AND KATHY SHIELDS ’88 announce the adoption of Emily Jane Le Yang, Jan. 25, 2010

ARTIE BARBER ’88 and Shannon Barber announce the birth of Noah Ross, Dec. 9, 2008. In 2009, Artie was elected to the Town Board of Carthage; in 2010 he was appointed to the Public Safety and Crime Prevention Policy and Advocacy Committee for the National League of Cities.

VERONICA (MORETZ) JOHNSON ’88 and Brian Johnson announce the birth of Sophie Elise, Jan. 6, 2010.

BETSY (ROBERTS) MILLER ’79 has retired after 40 years of teaching at Clear Creek Elementary School.

ROD EVANS ’84 has retired from teaching social studies and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health and Advocacy Committee for the nation’s Behavioral Health.

BARBARA ROBBINS ’85 was named principal of Clemmons Elementary School.

THOMAS KEENER ’76 has been named principal of Clemmons Elementary School.

RICHARD G. SPARKS ’76 has received the 2010 Outstanding Service Award from Appalachian in April.

SAM FOUST ’77 has promoted to executive director of the Salisbury Housing Authority.

MICHAEL REECE ’78 has promoted to executive director of the Salisbury Housing Authority.

JAMES MICHAEL ARMSTRONG ’70, CEO of Community Hope, has been named one of six of the nation’s Behavioral Health Champions by Behavioral Healthcare Magazine.

KAREN (GALLOWAY) HAMBRIGHT ’70 has retired after 40 years of teaching at Clear Creek Elementary School.

BARRY BUXTON ’71 was appointed principal of Lees-McRae College in Banner Elk, effective June 1, 2010.

JOHN GREGORY ’72 retired from Ashe County Schools as principal on July 1, 2010.

JERRELL SALLEY ’73 retired in June from teaching social studies for 35 years at Franklin County High School, Rocky Mount, Va.

HAROLD (HARRY) CAMPBELL ’74 is a policy analyst at the Defense Prisoner of War and Missing Persons Office, Arlington, Va.

JAYSON DUNCAN ’73 was elected 2010 National Vice President at the Rutland National Convention in Virginia Beach.

SHANDRAN (JONES) THORNBURGH ’89 has been elected president of the Southeastern Virginia Association for Volunteer Administration for the 2010-12 term.

DEATHS

ANITA DINGUS ’80, May 14, 2010.


WILLIAM R. WYNE ’80, July 15, 2010.

DEBRA DEVITA ’81, June 24, 2010.


ANNA ELLEN ’83, April 26, 2009.

ANDREW MATTON ’82, May 23, 2009.

DONNA SINK ’82, May 29, 2010.


BARBARA ROBBINS ’85, June 13, 2009.


LEIGH KIMBLE ’89, April 17, 2010.

BART BARE ’74 recently published “Girl: A Novel” dedicated to his late wife, Caroline.

JOE GIBBONS ’74, Mayor Pro Tempore of the City of Lenior, was recently elected as an inductee of the Caldwell County Sports Hall of Fame – Class of 2010. Gibbons is currently serving as the Lenoir City Councilman.

JAY CARL. NICHOLS ’74 was elected president of the 2010 UtilSite Council at the Utilities Wireless Collocation Summit 2010.

REBECCA (BECKY) LOTT CAR ’75 ’76 retired from teaching French and Spanish in the Wake County Public Schools in February 2009.

THOMAS KEENER ’76 has been named principal of Clemmons Elementary School.

RICHARD G. SPARKS ’76 has received the 2010 Outstanding Service Award from Appalachian in April.

SAM FOUST ’77 has been promoted to executive director of the Salisbury Housing Authority.

MICHAEL REECE ’78 has accepted a position as Rowan County executive at Citizens South Bank in Salisbury.

LUISA MONTERO-DIAZ ’78 has been appointed to the Maryland State Board of Education.

TOM TREKLER ’78 has retired from Cove Creek Elementary School as principal.

LESLEY DONAHUE ’79 has been named president and CEO of Piedmont Hospital in Buckhead, Ga.

BARBARA ARNTSEN ’79 has published her first novel, “SOS,” a murder mystery set in North Myrtle Beach.

DEE FREEMAN ’79 has been appointed to secretary of the N.C. Department of Environment and Natural Resources. She was also one of three alumni to receive Appalachian’s College of Arts and Sciences’ 2010 Outstanding Alumni Award.

BETSIE (ROBERTS) MILLER ’79 won the 2009 Technician of the Year award at Robins Air Force Base in Central Georgia.

DEATHS

BILLY BURGIN ’70, April 7, 2010.


MILDRED MORRISON ’70, March 24, 2010.

ANNE OGBURN ’70, Sept. 23, 2009.

SHARON LEIGH SMITH PENNELL ’70, May 6, 2010.


VIRGINIA FROST ’71, Feb. 21, 2010.


MARcia MANLEY ’71, Jan. 11, 2010.


LAURA URBANIK ’71, March 18, 2009.


BEN DOUGLAS ’72, Feb. 18, 2010.

BEN ELBERT DOUGLAS III ’72, Feb. 18, 2010.

FREDA ERVIN ’72, June 22, 2009.

JAMIE SIMMONS ’72, March 28, 2009.


LORENAINE TURNER ’72, April 10, 2010.

MARY MAE FOX WALTERS ’72, Jan. 25, 2010.

JACK WATKINS ’72, April 2, 2010.


CATHERINE DICKENS ’73, Aug. 5, 2009.

BROOKS DUNCAN ’73, May 14, 2010.

STEVEN FOWLER ’73, Nov. 14, 2009.

DALE GRIGGS ’73, Feb. 4, 2009.

JOSEPH JAMES ’73, Nov. 18, 2009.


GENE MCHARGUE ’73, Feb. 11, 2010.

ANTHONY PARKER ’73, Jan. 13, 2010.

NETTIE SALTHOUSE ’73, March 29, 2010.

IRIS STONE ’73, Sept. 7, 2009.

MARY KING VUNCANONN ’73, July 22, 2010.

JOANNA SHERRILL WINEBARGER ’73, April 27, 2010.

GLENN ALLISON ’74, May 6, 2010.

KEITH BRYSON ’74, March 25, 2009.

ROBERT DURANT ’74, Sept. 28, 2009.

PATRICIA HART ’74, Jan. 18, 2009.

THOMAS LAMB ’74, Feb. 16, 2009.


ANTHONY PARKER ’73, Jan. 13, 2010.

FREDERICK BREECE ’76, Nov. 8, 2010.


STUART PENN ’76, Aug. 6, 2009.

DONNA PITTMAN ’76, March 12, 2009.

CAROLYN QUESINBERRY ’76, Jan. 20, 2009.

DONNA WELLS ’76, Sept. 11, 2009.

BILLIE BEARD ’77, June 5, 2010.


DAVID HINSON ‘77, Jan. 27, 2010.


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JOYCE MASTERS '77, April 8, 2010.
NANCY K. MULLEN '77, May 1, 2010.
JUDITH NEFF '77, April 25, 2009.
MARY SKOOG '77, Sept. 28, 2009.
JERRY HARDING '78, Sept. 1, 2009.
FLORENCE STECKEL '78, March 7, 2009.
JERRY HARDING '78, July 7, 2010.

1960s
ALICE BROWN '63 '66 received the 2010 Distinguished Alumnus Award from Appalachian.
MARY MORETZ '64 was inducted into the 2010 Rhododendron Society at Appalachian in April 2010.
BRUCE HARDIN '66 was inducted into the N.C. High School Athletic Association Hall of Fame on April 24, 2010.
SAM ADAMS '68 has received a PGA Distinguished Career Award from the Tennessee Professional Golfer's Association.
R.C. (NICK) NICHOLS '68 has been inducted into the St. Johns County Day School Athletic Hall of Fame in Orange Park, Fla.

1950s
GEORGE G. BEASLEY '58 received the 2010 Tom Rivers Humanitarian Award.

faculty and staff deaths (Jan. 15 through July 26, 2010)

DR. MADELINE HARRETT EDMISTEN BRADFORD '49 '63, a Boone native and lifelong educator, died March 12. She was 84. Bradford was a professor of education at Appalachian. She was director of the Appalachian Teaching Center until her retirement in 1987 and served on numerous university committees, including the Appalachian Field Advisory Council, Student Teaching Committee and the Chancellor's Committee.

ANN CARROLL BLACKBURN '51, an associate professor emerita of business education and office administration at Appalachian, died July 10. She was 80. She began teaching at Appalachian State Teachers College in 1954 and retired as an associate professor in 1981. During her tenure at Appalachian, she sponsored numerous workshops and seminars, and served on various committees with the N.C. Department of Public Instruction.

DR. H. LAWRENCE BOND, professor of history from 1973-2009, died on Nov. 17, 2009. He was 73. Among many honors throughout his 36-year career at Appalachian, Dr. Bond twice received the distinguished professor of the year award and retired a professor emeritus. An advocate for civil rights, Dr. Bond participated in and was arrested during the lunch counter sit-ins in Greensboro during the 1960s.

DR. GEORGE EDWARD LYNÉ JR., a professor in the Walker College of Business from 1973 to 1990, died May 25. He was 83. While at Appalachian he served as director of the Center for Management Development, chair of the University Admissions Committee, and chair of the Department of Management. He taught courses in organizational behavior, organization theory, strategic management and other subjects, and helped re-establish a chapter of Beta Gamma Sigma on campus. He retired a professor emeritus in 1996.

DR. JOSEPH L. MURPHY II, a professor emeritus of secondary education at Appalachian, died March 23. He was 85. Murphy began teaching at Appalachian State Teachers College in 1964. He retired in 1984. During his 20-year tenure, he received the Distinguished Professor for Excellence in Teaching Award. He was a member of the 1989 Legacy Society.

JOHN EDWARD SCARLATA, a professor in Appalachian’s Department of Technology and coordinator of the department’s photography program since 1999, died June 17. He was 60. Scarlata received numerous awards and honors for his work, most recently the Outstanding Scholarship and Creative Activities Award from Appalachian’s College of Fine and Applied Arts. His photography was exhibited nationally and internationally.

JACK D. COBB JR., died May 18. He was 68. He served in Appalachian’s Food Services for more than 33 years, retiring in 1996.

JUDY HEATHERSHAW died May 19. She was 85. She served as the secretary of Cannon Music Camp at Appalachian from 1985 to 1995.

ROY L. OSBORNE, a Watauga County native, died May 10. He was 70. Osborne served in Appalachian’s Housekeeping Department. He retired in 2002.

EVELYN MARIE GREER SHEPHERD, a Watauga County native, died April 16. She was 75. She worked as an administrative assistant in Appalachian’s Department of History. She retired in 1997.

EDITA W. TESTER, a Watauga County native, died June 27, 2010. She was 74. She retired from Appalachian’s Food Services in 1996.

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1940s

HOUSTON JONES ’49 was inducted into the Rhododendron Society at Appalachian in April 2010.

deaths

RALPH ABERNETHY ’40, March 12, 2010.

1930s

deaths

LOIS SHEFFIELD ’34, May 21, 2009.
DAISY LYONS ADAMS ’36, July 26, 2010.
RUTH ELIZABETH CLARK ’36, July 11, 2010.
JAMES CROOKS ’37, Feb. 2, 2010.
DEWETTE LOHR ’37, Nov. 23, 2009.
LUCY AYERS ’38, Nov. 24, 2009.
EVA HALTH ’39, April 7, 2009.

remember when

CROQUET ANYONE?

A group of female students at Appalachian Training School (1903-1925) play croquet on a field behind the first Administration Building, built in 1905. The Administration Building is located to the left. Appalachian Training School provided grounds for women’s sports, including tennis, badminton, and croquet. Today, Appalachian offers 10 varsity sports for women.

Photo courtesy of Appalachian’s Historical Photographs Collection
The Alumni Memorial Scholarship is supported in great part by the Appalachian specialty license plate.

Leaving a Legacy that will Change Lives

Not a day goes by when Linda Morrison Combs ‘68 ’78 doesn’t appreciate the role Appalachian has played in her life. Combs, who worked for three U.S. presidents and was Controller of the United States before her retirement in 2007, credits her professors at Appalachian for “trying to make me the best person and the best professional I could be.”

In appreciation for all that Appalachian has done for her, Combs and her husband, Dave, have included the university in their wills, designating funds to provide leadership training for Appalachian students, faculty and staff.

Linda and Dave Combs are members of the 1899 Legacy Society, which honors alumni and friends who have included Appalachian in some type of planned gift. The 1899 Legacy Society, which has nearly 400 living members, held its first annual members’ luncheon this summer, at which Combs was a featured speaker.

“By giving and leaving a legacy,” said Combs, “Dave and I are investing in an institution that was important to me in my early years, and that continues to be close to us today. We believe what we are doing can and will change people’s lives.”

To learn more about how to become a member of the 1899 Legacy Society, please call 828-262-3192, or visit www.give.appstate.edu/giftplanning

“There is no time like the present. Now is the time to decide what kind of legacy one wants to leave – leaving a legacy that displays and perpetuates one’s own personal signature, one’s own personal ideals and what one stands for in life.”

–Linda Combs ’68 ’78, 1899 Legacy Society Member

tag yourself

www.alumni.appstate.edu/tag
Every Mountaineer

“It is amazing here because there is a feeling of community. I belong to Appalachian.”

Elizabeth Poplin, Class of 2012

Your support ensures that Appalachian can continue providing scholarships, faculty development, innovative academic programs and opportunities outside the classroom that make the Appalachian experience as unique and special today as it was when you were on campus.

It’s what Every Mountaineer does that will enable Appalachian State University to reach new heights.

Make your gift today!